

HMS 5102 – FUNDAMENTALS OF PSYCHOLOGY FOR SOCIAL WORK PRACTICE

Course Objectives

- Understand the basics in psychology and psychological functions
- Recognize the significance of human growth and development
- Imbibe the basic theories of psychology
- Distinguish between normality and abnormality

Course Outline

Unit 1 Introduction to Psychology

- Definition
- Mind – body relationship
- Relevance of psychology in social work practice

Unit 2 Psychological functions - I

- Motivation – Maslow's hierarchy of needs
- Learning – Behavioural child development theories – Pavlov, Skinner Personality – Psychoanalytic child development theories – Freud, Erickson

Unit 3 Psychological functions - II

- Memory and Intelligence Socialization
- Social child development theories – Bowlby, Bandura, Lev Yygot'sky's

Unit 4 Human Growth and Development

- Stages of child development
- Physical, cognitive and psychosocial development in Infancy, childhood, adolescence, adulthood and old age

Unit 5 Normality & Abnormality

- Concept and differentiation Common mental disorders

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