

## **1.1 HMS 5103 - SOCIAL CASE WORK**

### **Course Objectives**

- Understand the basic concepts of casework as a primary method of social work
- Understand the values, principles, tools and techniques of social case work
- Cultivate the ability to critically analyze, understand and intervene in the problems of individuals
- Develop appropriate skills and attitudes to work with individuals

### **Course Outline**

#### **Unit 1 Introduction to Social Case work**

- Definitions, objectives, scope, philosophical assumptions and casework values Historical developments of Case Work in West and India
- Biestek's Principles of social casework
- Components of Social Case Work: Person, Place, Problem and Process

#### **Unit 2 Process and skills in casework**

- Process in casework: Study, assessment, intervention, evaluation, follow-up, and termination
- Case work Skills: communication skills, listening, Paraphrasing, Responding, Summarizing, Attending Questioning, Clarifying.

#### **Unit 3: Tools, techniques and recording Tools of Social Case Work Techniques of Social Case Work**

- Records: Nature, types and purpose of recording
- Ethics in Social Work Practice

#### **Unit 4 Theories and approaches to case work**

- Psycho-social approach, Functional approach, Problem solving approach, Person- centred, Gestalt, Crisis Theory, Behavioural modification, strength based Transactional analysis and Eclectic approach.

#### **Unit 5 Application of case work method**

- Primary and secondary settings
- Application in - family, women, and child welfare settings Marriage counselling centres, schools settings
- Medical and psychiatric settings, correctional institutions Industry

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