HMS 5104 -SOCIAL GROUP WORK

Course Objectives

- Understand Social Group Work as a method of Social Work and apply it as an intervention method
- Understand the values and principles of Social Group Work and develop the capacity to practice them
- Develop skills to apply Social Group Work for Developmental and Therapeutic work
- Gain knowledge of the scope of Social Group Work in various settings

Course Outline

Unit 1 Introduction to Social Group Work

- Definitions of Social Group Work- Philosophy, Assumptions, Objectives and Values Historical development, current trends, its relevance and scope
- Principles of Group Work
- Treatment groups : Socialization Groups, Therapeutic Groups, Educational, Growth, Remedial groups
- Task Oriented Groups : Teams, Committees and social action groups Developmental Groups : Self-help Groups and Support Groups
- Role of Groups in development of the individual

Unit 2 Group Process

- Stages of Group Development
- Group Process: Bond, Acceptance, Isolation, Rejection, Conflict and Control Subgroups - Meaning and Types
- Tools for assessing Group Interaction - Socio-gram and Sociometry

Unit 3 Group Dynamics

- Group Formation, Group Norms and Group Cohesiveness
- Group Culture, Control, Morale, Communication and Interaction Pattern Decision Making, Goal Setting and Conflict Resolution
- Group Leadership: Concept, Theories, Types, Roles and Qualities of Leadership   Participatory Leadership Training

Unit 4 Group Work Process

- Group Work Process- Intake, Study, Objectives and Goal Setting, Interventions, Evaluation and Follow up
- Program as Tool: Principles of Program Planning, Program Media and Program Development Process.
- Group Worker – Roles, Functions, Skills and Qualities

Unit 5 Group Work Practice in Different Settings

- Group Work and Group Therapy
- Group Work Models: Social goals model, Remedial and Reciprocal Models
- Group Work Practice in Child Care, Family, Correctional, Community Development, Education and Healthcare Settings

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