

MASTER OF SOCIAL WORK (MSW)

SYLLABUS
(2016 Onwards)
DEPARTMENT OF SOCIAL WORK



के रल के केंद्रीय विश्वविद्यालय

Central University of Kerala

*Established by the Parliament of India vide the Central University Act, 2009
(No.25 of 2009)*

Tejaswini Hills, Periyar P.O., Kasaragod District, Kerala, INDIA – 671 316

www.cukerala.ac.in

GENERAL INFORMATION FOR THE STUDENTS

DEPARTMENT OF SOCIAL WORK

The Department of Social Work was started with a Master Programme in 2012. It was started as one among the department initiated at the university during its inception. The department aspires to become a centre of excellence in developing social work professionals for promoting justice and empowerment. With a judicious mix of theory and practice, the department has geared itself to be strong in teaching, research and learning. In the year 2016, Ph.D programme is also initiated at the department.

VISION

To become a centre of excellence of learning, experience, research, training and services

MISSION

To provide a conducive environment for participatory learning

To promote a just and equitable society through research and provisioning of professional services

OBJECTIVES

To offer innovative teaching and learning in social work

To impart evidence-based intervention at individual, groups and community level.

Inculcate skills to conceptualize research with policy implication

Collaboration and co-operation with public, voluntary agencies, para-professionals for their capacity building

SELECTION PROCESS

Students who have obtained any Bachelor's Degree from a recognized university under a minimum of 10+2+3 system are eligible to apply to the MSW programme provided they have secured the minimum marks/grades prescribed in the respective Programme Structure

Admission to MSW course shall be based on a written entrance test. Process of Admission, programme structure, registration, evaluation, declaration of results, award of degree and other particulars mentioned in the "REGULATIONS FOR POST-GRADUATE PROGRAMMES UNDER CHOICE BASED CREDIT AND SEMESTER SYSTEM" of Central University of Kerala shall be applicable to the students securing admission for MSW course at the Department of Social Work.

Any modification on the above-mentioned regulations at any period during the course shall be applicable to the students at the Department of Social Work

SOCIAL WORK PROGRAM – AGLIMPSE

There are four theory papers along with concurrent field work cum rural camp in the first semester. In the second semester, along with the concurrent field work cum summer internship there are four theory papers that the students have to learn.

Specializations are offered in four areas namely medical and psychiatric social work, community organization and development practice, family and child welfare and human resource management. In the third and fourth semester, there is one common paper each to study. Apart from the same, students have to select two elective papers each in both these semesters respectively. Concurrent field work cum study tour has to be completed in the third semester.

In the fourth semester, a dissertation, concurrent field work and block placement has to be completed.

SOCIAL WORK PROGRAM – PRACTICALS#¹

The components of the practicals in the Social Work course include the following:

ORIENTATION VISITS

Governmental and voluntary organizations in the field of Social Work will be visited as per the schedule of the Department of Social Work during the course

CONCURRENT FIELDWORK

It shall be for 15 hours a week (including individual conference), spread over two days in all the four semesters.

RURAL CAMP

Duration of the rural/tribal camp shall be between 7-10 days during the first semester

STUDY TOUR

Duration of the study tour shall be between 1-2 weeks. Reputed organizations (Governmental/Voluntary) have to be visited during the exercise

INTERNSHIP AND BLOCK PLACEMENT

Internship shall be undertaken by the student during the summer break within a week after the second semester end semester examination in a reputed agency related to the preferred specialization in the third and fourth semester of the course.

Block Placement shall be undertaken by the student within a week after the fourth semester end semester examination, in a reputed agency preferably related to the specialization opted by the student during the course.

Reflection of the block placement in the grade sheet/certificate shall be subject to the production of the 'block placement completion certificate' from the agency. The duration of both internship/block placements shall be for a period of 4-weeks (30 days).

Changes in the practicals is subject to the decisions of the faculty council and/or board of studies, Department of Social Work



CENTRAL UNIVERSITY OF KERALA

COURSE STRUCTURE FOR MASTERS OF SOCIAL WORK (MSW) PROGRAMME (2016-18 ONWARDS)

Course Code	COURSE TITLE	Contact Hours/Week				CREDITS
		L	P	T	Total	
SEMESTER I						
HMS 5101	History and Development of Professional Social Work	3		1	4	4
HMS 5102	Fundamentals of Psychology for Social Work Practice	3		1	4	4
HMS 5103	Social Case Work	3		1	4	4
HMS 5104	Social Group Work	3		1	4	4
HMS 5109	Concurrent Field Work and Rural Camp [§]		15 [#]		15	4
Total						20
SEMESTER II						
HMS 5201	Social Sciences for Social Work	3		1	4	4
HMS 5202	Community Organization & Social Action	3		1	4	4
HMS 5203	Social Work Research and Statistical Applications	3		1	4	4
HMS 5204	Social Welfare Administration	3		1	4	4
HMS 5209	Concurrent Field Work and Internship*		15 [#]		15	4
Total						20
SEMESTER III						
HMS 5301	Theory and Practice of Counselling	3		1	4	4
<i>Elective 1</i>	<i>Two courses from the approved list as per opted specialization</i>	2		1	3	3
<i>Elective 2</i>		2		1	3	3
HMS 5309	Concurrent Field Work and Study Tour [@]		15 [#]		15	4
Total						14

SEMESTER IV						
HMS 5401	Social Policy and Legislations	3		1	4	4
<i>Elective 3</i>	<i>Two courses from the approved list as per opted specialization</i>	2		1	3	3
<i>Elective 4</i>		2		1	3	3
HMS 5408	Dissertation			4	4	4
HMS 5409	Concurrent Field Work		15 [#]		15	4
HMS 5410	Block Placement	4 weeks				-
Total						18
Total for Core Courses (all 4 semesters)						60
Total for Elective Courses (all 4 semesters)						12
Total Credits for Core and Elective Courses (all semesters)						72

Note: (a) L: Lecture, P: Practical, T: Tutorial

#: total hours of field work including individual conference per week

§: 7–10-day duration, *: 4 weeks duration, @: 1-2weeks

ELECTIVE COURSES

(SPECIALISATION: MEDICAL AND PSYCHIATRY)

Course Code	COURSE TITLE	Contact Hours/Week				CREDITS
		L	P	T	Total	
SEMESTER III						
HMS 5001	Medical information for Social Workers	2		1	3	3
HMS 5002	Medical Social Work	2		1	3	3
SEMESTER IV						
HMS 5003	Introduction to Psychiatric Social Work	2		1	3	3
HMS 5004	Advanced course in Psychiatric Social Work	2		1	3	3

ELECTIVE COURSES

(SPECIALISATION: COMMUNITY ORGANIZATION AND DEVELOPMENT PRACTICE)

Course Code	COURSE TITLE	Contact Hours/Week				CREDITS
		L	P	T	Total	
SEMESTER III						
HMS 5005	Tribal and Community development	2		1	3	3
HMS 5006	Urbanisation and Urban Governance	2		1	3	3
SEMESTER IV						
HMS 5007	Environmental Conservation and Sustainable Development	2		1	3	3
HMS 5008	Social Planning and Development for Marginalised	2		1	3	3

ELECTIVE COURSES

(SPECIALISATION: FAMILY AND CHILD WELFARE)

Course Code	COURSE TITLE	Contact Hours/Week				CREDITS
		L	P	T	Total	
SEMESTER III						
HMS 5009	Social Work Practice with Families	2		1	3	3
HMS 5010	Social Work Practice with Children and Youth	2		1	3	3
SEMESTER IV						
HMS 5011	Child Rights and Protection	2		1	3	3
HMS 5012	Rights of Women and Gender Justice	2		1	3	3

ELECTIVE COURSES

(SPECIALISATION: HUMAN RESOURCE MANAGEMENT)

Course Code	COURSE TITLE	Contact Hours/Week				CREDITS
		L	P	T	Total	

SEMESTER III						
HMS 5013	Human Resource Management	2		1	3	3
HMS 5014	Industrial Relations and Labour Welfare	2		1	3	3
SEMESTER IV						
HMS 5015	Labour Legislation	2		1	3	3
HMS 5016	Organizational Behaviour and Organizational Development	2		1	3	3

ELECTIVE COURSES

(SEMESTER - IV)

**SPECIALIZATION – MEDICAL AND
PSYCHIATRY**

HMS 5003 - INTRODUCTION TO PSYCHIATRIC SOCIAL WORK

Course Objectives

- Understand the concept of mental health and emergence of the profession of psychiatric social work
- Understand major and minor mental illness
- Undertake the methods and process of assessing the patients/clients
- Familiarize the common mental health interventions

Course Outline

Unit 1 Mental Health

- Mental health – global definitions Trends in mental health care
- Magnitude of mental health problems and its common causes Need for mental health care in India

Unit 2 Psychiatric Social Work - Assessment and Diagnosis

- Emergence of psychiatric social work (PSW) in India & abroad
- Psychiatric social work – definition, changing perspectives of psychiatric social work Assessments
- Case history taking
- Mental Status Examination (MSE)
- Family life cycle stages and family dynamics – family structure, leadership, role functioning, communication pattern, reinforcement pattern, cohesiveness and adaptive patterns
- Social analysis and Diagnosis

Unit 3 Mental and behavioural disorders - I Classification of mental disorders in ICD Organic mental disorders

- Disorders due to substance use
- Schizophrenia, schizotypal and delusional disorders Mood [affective] disorders

Unit 4 Mental and behavioural disorders - II

- Neurotic, stress-related and somatoform disorders
- Behavioural syndromes associated with physiological disturbances and physical factors
- Disorders of adult personality and behaviour Mental retardation
- Disorders of psychological development
- Behavioural and emotional disorders in childhood and adolescence

Unit 5 Psychosocial Management

- Psychosocial interventions – relevance and importance Research evidences for psychiatric social work interventions Psychosocial management of psychiatric illness
- Individual level - psycho-education, activity schedule, social skills training, token economy, graded exposure, systematic desensitization, relaxation techniques, flooding, exposure and relapse prevention, pre-discharge counselling; indigenous approaches to treatment of mentally ill – yoga, meditation

References

Group level - group work, group therapy, support groups Family level - family psycho-education, family therapy

Community level - awareness programmes, stigma reduction, community-based rehabilitation

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