## MASTER OF SOCIAL WORK (MSW)

# SYLLABUS (2016 Onwards) DEPARTMENT OF SOCIAL WORK



Established by the Parliament of India vide the Central University Act, 2009 (No.25 of 2009)

Tejaswini Hills, Periye P.O., Kasaragod District, Kerala, INDIA – 671 316

www.cukerala.ac.in

#### GENERAL INFORMATION FOR THE STUDENTS

#### DEPARTMENT OF SOCIAL WORK

The Department of Social Work was started with a Master Programme in 2012. It was started as one among the department initiated at the university during its inception. The department aspires to become a centre of excellence in developing social work professionals for promoting justice and empowerment. With a judicious mix of theory and practice, the department has geared itself to be strong in teaching, research and learning. In the year 2016, Ph.D programme is also initiated at the department.

#### VISION

To become a centre of excellence of learning, experience, research, training and services

#### **MISSION**

To provide a conducive environment for participatory learning

To promote a just and equitable society through research and provisioning of professional services

#### **OBJECTIVES**

To offer innovative teaching and learning in social work

To impart evidence-based intervention at individual, groups and community level.

Inculcate skills to conceptualize research with policy implication

Collaboration and co-operation with public, voluntary agencies, para-professionals for their capacity building

#### **SELECTION PROCESS**

Students who have obtained any Bachelor's Degree from a recognized university under a minimum of 10+2+3 system are eligible to apply to the MSW programme provided they have secured the minimum marks/grades prescribed in the respective Programme Structure

Admission to MSW course shall be based on a written entrance test. Process of Admission, programme structure, registration, evaluation, declaration of results, award of degree and other particulars mentioned in the "REGULATIONS FOR POST-GRADUATE PROGRAMMES UNDER CHOICE BASED CREDIT AND SEMESTER SYSTEM" of Central University of Kerala shall be applicable to the students securing admission for MSW course at the Department of Social Work.

Any modification on the above-mentioned regulations at any period during the course shall be applicable to the students at the Department of Social Work

#### SOCIAL WORK PROGRAM – AGLIMPSE

There are four theory papers along with concurrent field work cum rural camp in the first semester. In the second semester, along with the concurrent field work cum summer internship there are four theory papers that the students have to learn.

Specializations are offered in four areas namely medical and psychiatric social work, community organization and development practice, family and child welfare and human resource management. In the third and fourth semester, there is one common paper each to study. Apart from the same, students have to select two elective papers each in both these semesters respectively. Concurrent field work cum study tour has to be completed in the third semester.

In the fourth semester, a dissertation, concurrent field work and block placement has to be completed.

#### SOCIAL WORK PROGRAM - PRACTICALS#1

The components of the practicals in the Social Work course include the following:

#### **ORIENTATION VISITS**

Governmental and voluntary organizations in the field of Social Work will be visited as per the schedule of the Department of Social Work during the course

#### CONCURRENT FIELDWORK

It shall be for 15 hours a week (including individual conference), spread over two days in all the four semesters.

#### **RURAL CAMP**

Duration of the rural/tribal camp shall be between 7-10 days during the first semester

#### STUDY TOUR

Duration of the study tour shall be between 1-2 weeks. Reputed organizations (Governmental/Voluntary) have to be visited during the exercise

#### INTERNSHIP AND BLOCK PLACEMENT

Internship shall be undertaken by the student during the summer break within a week after the second semester end semester examination in a reputed agency related to the preferred specialization in the third and fourth semester of the course.

Block Placement shall be undertaken by the student within a week after the fourth semester end semester examination, in a reputed agency preferably related to the specialization opted by the student during the course.

Reflection of the block placement in the grade sheet/certificate shall be subject to the production of the 'block placement completion certificate' from the agency. The duration of both internship/block placements shall be for a period of 4-weeks (30 days).

<sup>#</sup> Changes in the practicals is subject to the decisions of the faculty council and/or board of studies, Department of Social Work



#### **CENTRAL UNIVERSITY OF KERALA**

## COURSE STRUCTURE FOR MASTERS OF SOCIAL WORK (MSW) PROGRAMME (2016-18 ONWARDS)

Course Code	COURSE TITLE	Con	tact Hc	CREDITS				
		L	Р	Т	Total			
SEMEST	ER I							
HMS 5101	History and Development of Professional Social Work	3		1	4	4		
HMS 5102	Fundamentals of Psychology for Social Work Practice	3		1	4	4		
HMS 5103	Social Case Work	3		1	4	4		
HMS 5104	Social Group Work	3		1	4	4		
HMS 5109	Concurrent Field Work and Rural Camp <sup>\$</sup>		15#		15	4		
Total								
SEMEST	ER II					•		
HMS 5201	Social Sciences for Social Work	3		1	4	4		
HMS 5202	Community Organization & Social Action	3		1	4	4		
HMS 5203	Social Work Research and Statistical Applications	3		1	4	4		
HMS 5204	Social Welfare Administration	3		1	4	4		
HMS 5209	Concurrent Field Work and Internship*		15#		15	4		
	Total		1	l .	4	20		
SEMEST	ER III							
HMS 5301	Theory and Practice of Counselling	3		1	4	4		
Elective 1	Two courses from the approved list as per opted	2		1	3	3		
Elective 2	specialization	2		1	3	3		
HMS 5309	Concurrent Field Work and Study Tour@		15#		15	4		
Total	•		ı		·I	14		

SEMESTE	R IV							
HMS 5401	Social Policy and Legislations	3		1	4	4		
Elective 3	Two courses from the approved list as per opted	2		1	3	3		
Elective 4	specialization	2		1	3	3		
HMS 5408	Dissertation			4	4	4		
HMS 5409	Concurrent Field Work		15#		15	4		
HMS 5410	Block Placement	4 wee	ks			-		
Total								
Total for Core Courses (all 4 semesters)								
Total for El	ective Courses (all 4 semesters)					12		
Total Credi	its for Core and Elective Courses (all semesters)		•			72		

Note: (a) L: Lecture, P: Practical, T: Tutorial

#: total hours of field work including individual conference per week

\$: 7–10-day duration, \*: 4 weeks duration, @: 1-2weeks

#### **ELECTIVE COURSES**

(SPECIALISATION: MEDICAL AND PSYCHIATRY)

Course Code	COURSE TITLE	Cont	act H	/Week	CREDITS	
		L	Р	Т	Total	
SEMESTER	III					
HMS 5001	Medical information for Social Workers	2		1	3	3
HMS 5002	Medical Social Work	2		1	3	3
SEMESTER	V					
HMS 5003	Introduction to Psychiatric Social Work	2		1	3	3
HMS 5004	Advanced course in Psychiatric Social Work	2		1	3	3

#### **ELECTIVE COURSES**

(SPECIALISATION: COMMUNITY ORGANIZATION AND DEVELOPMENT PRACTICE)

Course Code	COURSE TITLE	Cont	act F	lours	/Week	CREDITS
		L	Р	Т	Total	
SEMESTER	III					
HMS 5005	Tribal and Community development	2		1	3	3
HMS 5006	Urbanisation and Urban Governance	2		1	3	3
SEMESTER I	V					
HMS 5007	Environmental Conservation and Sustainable	2		1	3	3
	Development					
HMS 5008	Social Planning and Development for Marginalised	2		1	3	3

#### **ELECTIVE COURSES**

(SPECIALISATION: FAMILY AND CHILD WELFARE)

Course Code	COURSE TITLE	Contact Hours/Week			/Week	CREDITS
		L	Р	Т	Total	
SEMESTER	III					
HMS 5009	Social Work Practice with Families	2		1	3	3
HMS 5010	Social Work Practice with Children and Youth	2		1	3	3
SEMESTER	IV					
HMS 5011	Child Rights and Protection	2		1	3	3
HMS 5012	Rights of Women and Gender Justice	2		1	3	3

#### **ELECTIVE COURSES**

(SPECIALISATION: HUMAN RESOURCE MANAGEMENT)

Course Code	COURSE TITLE	С	ont	act H	lours	/Week	CREDITS
		L		Р	Т	Total	

SEMESTER	RIII				
HMS 5013	Human Resource Management	2	1	3	3
HMS 5014	Industrial Relations and Labour Welfare	2	1	3	3
SEMESTER	IV				
HMS 5015	Labour Legislation	2	1	3	3
HMS 5016	Organizational Behaviour and Organizational Development	2	1	3	3

#### **ELECTIVE COURSES**

# (SEMESTER - III) SPECIALIZATION — FAMILY AND CHILD WELFARE

#### HMS 5010 - SOCIAL WORK PRACTICE WITH CHILDREN AND YOUTH

#### **Course Objectives**

- Develop an understanding of child development, various childhood problems, programmes, policies, legislations and organisations in Child Welfare and Development
- Understand the situation and emerging problems of youth, the programmes, policies, legislations and organisations in the area of youth development
- Acquire knowledge and skills in working with children and youth and skills in organizing programmes for children and youth
- Learn the roles and functions of professional social workers

#### **Course Outline**

### Unit 1 Introduction to child development Emerging philosophy of child development Needs and problems of a growing child

- Theories of child development: -psychoanalytic theory, psychosocial theory, cognitive—
- development theory, learning theory

#### Unit 2 Situational Analysis: National and State Level

- Situational analysis of normal children
- Situational Analysis of children with special needs:- -child labour, child abuse, street children, child trafficking, juvenile delinquents, children of sex workers, children affected by natural calamities and manmade disasters, children suffering from terminal / incurable disease (HIV/AIDS), children with disabilities

#### Unit 3 Programmes and policies for Children

- Existing policies, legislations National and International Institutional care and management scope, limitations types
- Non Institutional programmes adoption, foster care, sponsorship, child line Programmes for child welfare - health, nutrition, education, recreation, child right National and International organization in the field of child welfare
- Community based social work practice with children-role of community and its institutions in abuse and neglect of children
- Early detection of childhood disabilities
- Development of sensitizing programmes for the protection of children.

#### Unit 4 Youth and their issues

- Definition, characteristics, needs, aspirations
- Problems of youth: unemployment, youth unrest, substance abuse, HIV/AIDS Suicide, generation gap and terrorism
- Situational analysis of youth in India:
- Student and non- student youth in rural and urban area

#### Unit 5 Policies, programmes and interventions among youth

- Governmental and nongovernmental programmes for youth: educational, recreational, vocational, guidance and counselling, leadership and health. Policies: National youth policy
- Youth welfare organizations: international, national
- Youth for social change, Social Work Interventions among youth

#### References

Ahuja, Ram. (1996) Youth and Crime, Jaipur: Rawat Publications

Kavitha. P, Sekar, K, Raj, W. (2012). Psychosocial Care for children in difficult circumstances – A Community Based Approach. National Journal of Professional Social Work, 13(1-2), 28-41.

Michele Henderson, (2009). How to motivate children to learn. New York: Epitome Books

National Policy for Children (2013). Ministry of Women and Child Development, Government of India. Government of India Press: Faridabad.

R. Parthasarathy, Renjith R. Pillai, R. Shobitha Shantha Kumari (2009). Life Skills Education. "Psychosocial Intervention in Child and Adolescent Mental Health" - Manual. Department of Psychiatric Social Work, NIMHANS, Bangalore, Dec, 86-93.

Rane, Asha. (1986) Children in Difficult Situations in India: A Review. Bombay: Tata Institute of Social Sciences

Rashmi Agarwal (2008) Education for Disabled children. New Delhi: Shipra Publication

Renjith R. Pillai (2012). The importance of life skills education for children and adolescents. In: Das S, editor. Souvenir-cum Scientific Update of the 22nd Annual Conference of Indian Psychiatric Society, Assam State Branch. Guwahati: ABSCON; 21-24

Saraswathi, S (2008). Indian youth in the new Millennium. RGNIYD [Rajiv Gandhi National Institute of Youth Development], Coimbatore

Sekar et al., (2008). Psychosocial Care for children in difficult circumstances – My Work Book, NIMHANS, Bangalore.

Shyam Sunder Shrimali (2008). Child Development . New Delhi : Rawat publications

Suchitra S Dinkar (2010). Child Development and psychology. New Delhi: Axis publications

UNICEF (2003). Training Handbook on Psychosocial Counselling for Children in Especially Difficult Circumstances – A trainers Guide. UNICEF Nepal, Kathmandu: UNICEF

United Nations Convention on the Rights of Children (1991). Innocenti Studies, Florence: UNICEF

WHO (2003). Psychosocial Interventions: Evaluation of UNICEF Supported Projects (1999 - 2001). UNICEF Indonesia, Kathmandu: UNICEF