

## SSW 5104 -SOCIAL GROUP WORK

### Course Objectives

- To understand Social Group Work as a method of Social work and apply it as an intervention method
- To develop skills to apply Social Group Work for developmental and therapeutic work
- To develop an understanding of and ability to adopt a Multi-dimensional Approach in Assessment
- To gain knowledge of the scope of Social Group Work in various settings

### Course Outline

#### Unit 1 Introduction to Social Group Work

Definitions of Social Group Work- Philosophy, Assumptions, Objectives and Values Historical development, current trends, its relevance and scope, Principles of Group Work

Treatment groups: Socialization Groups, Therapeutic Groups, Educational, Growth, Remedial groups

Task Oriented Groups: Teams, Committees and social action groups Developmental Groups: Self-help Groups and Support Groups, Role of Groups in development of the individual

#### Unit 2 Group Process

Stages of Group Development, Group Process: Bond, Acceptance, Isolation, Rejection, Conflict and Control Subgroups - Meaning and Types, Tools for assessing Group Interaction - Socio-gram and Socio-metry

#### Unit 3 Group Dynamics

Group Formation, Group Norms and Group Cohesiveness

Group Culture, Control, Morale, Communication and Interaction Pattern Decision Making, Goal Setting and Conflict Resolution, Group Leadership: Concept, Theories, Types, Roles and Qualities of Leadership Participatory Leadership Training

#### Unit 4 Group Work Process

Group Work Process- Intake, Study, Objectives and Goal Setting, Interventions, Evaluation and Follow up

Program as Tool: Principles of Program Planning, Program Media and Program Development Process.

Group Worker – Roles, Functions, Skills and Qualities

#### Unit 5 Group Work Practice in Different Settings

Group Work and Group Therapy

Group Work Models: Social goals model, Remedial and Reciprocal Models, Group Work Practice in Child Care, Family, Correctional, Community Development, Education and Healthcare Settings

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