

## SSW 5051 - Community Health and Hygiene

### Course Objectives

- Study the concept of community, community health and hygiene.
- To understand the various communicable and non communicable diseases
- Understand the importance of health and hygiene education.

### Course Outline

#### Unit I Community

Community: Concept, characteristics, types and functions; Understanding the community through various techniques: PRA techniques, focussed group discussion, interview, observation, clarification.

#### Unit II Community Health

Community health: Concept of community health, methods of prevention and factors affecting health; community health need assessment; community health programmes

#### Unit III Community Hygiene and promotion

Community hygiene: concept and areas of concern; hygiene promotion: definition and principles, key indicators for hygiene practice

#### Unit IV Communicable and non-communicable diseases

Communicable diseases: concept and types, Non – communicable diseases: concept and types

#### Unit V Health and Hygiene Education

Health and Hygiene Education: Concept, Need for health and hygiene education, health and hygiene promotion methods (individual, group and mass level), setting for health and hygiene education

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