

SSW 5102: DYNAMICS OF HUMAN BEHAVIOUR

Course Objectives

- Understand the basics in human behaviour, psychology and psychological functions
- Recognize the significance of human growth and development and determinants of human behaviour
- Understand the biological basis of behavior and fundamental tests in psychology
- Recognize the relevance of understanding human behaviour in Social Work Practice and different psychotherapies

Course Outline:

- Unit I Understanding Psychology and Human Behaviour**
Introduction to Psychology - Definition of Psychology.
Approaches to understand human behaviour - Various schools of psychology: Structuralism, Functionalism, Psychoanalytical, Behaviorism, Gestalt psychology, Humanistic psychology. Relevance of Psychology in Social Work Practice.
Theories of psychological functions - a brief introduction of Freud, Maslow, Erickson, Pavlov, Skinner Concept of Human Behaviour, Social Work and Human Behaviour
Determinants of Human behaviour: Heredity & Environment
Life span perspective of Human Development-Importance of human growth and development. Stages of human growth and development
- Unit II Biological basis of Behavior**
Sensory systems: General and specific sensations, receptors and processes
Neurons, Neurotransmitters.
The Central and Peripheral Nervous Systems – Structure and functions.
Biological basis of Motivation: Hunger, Thirst, Sleep and Sex.
Biological basis of emotion: The Limbic system, Hormonal regulation of behavior. Genetics and behavior: Chromosomal anomalies.
- Unit III Social Psychology and Human Behaviour**
Mental health - meaning. Concept of Normality & Abnormality. Social biases of behaviour and adjustment. Social Psychology: Social Perception, Attitude formation, Change and Measurement, Communication and Theories of Collective Behavior
- Unit IV Understanding Assessment & Intervention**
Intelligence, personality and collective behaviour- Meaning, nature and classification; Tests in Psychology: classification and types- Intelligence tests, Projective tests, Behavioral assessment, Personality tests, Self-reporting tests
Positive Psychology
- Unit V Specific Disorders and Intervention**
Classification and Causes: ICD and DSM – Symptomatology
Childhood Disorders: Specific Learning Disability
Hyperkinetic Disorders, Conduct Disorder (Symptoms and Treatment)
Child Sexual Abuse-Impact and Intervention

- Course Outcome :**
- Recognize the significance of developing their perspectives in accordance with specific psychological theories.
 - Correlate the different human behavioural models with their corresponding empirical occurrences.
 - Critique the evolutionary and conditioning effects on the constitution of human behaviour.
 - Interpret human psychological manifestations as per established standards and measures.

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