

SSW 5103: SOCIAL CASE WORK

- Course Objectives**
- Understand the basic concepts of casework as a primary method of social work
 - To understand the values, principles, tools and techniques of case work
 - Cultivate the ability to critically analyze, understand and intervene in the problems of individuals
 - Develop appropriate skills and attitudes to work with individuals and to facilitate to apply case work theories in to practice

Course Outline

Unit I Introduction to Social Case work

Definitions, objectives, scope, philosophical assumptions and casework values. Historical developments of Case Work in West and India. Biestek's Principles of Social Casework

Components of Social Case Work: Person, Place, Problem and Process.

Unit II Process and skills in casework

Process in casework: Study, assessment, intervention (Treatment), evaluation, follow-up, and termination.

Case work Skills: communication skills, listening, Paraphrasing, Responding, Summarizing, Attending Questioning, Clarifying.

Unit III Tools and Techniques of helping in Social Case Work

Tools of Social Case Work: Listening, Interview, Observation, Relationship and Home visits

Techniques: Supportive Techniques, Counseling Techniques and Techniques of improving or enhancing the client's resources

Records: Nature, types and purpose of recording

Unit IV Theories and approaches to case work

Psycho-social approach, Problem solving approach, Rational Emotive Therapy, Crisis Theory, Behavioural modification, Transactional analysis and Eclectic approach.

Unit V Application of case work method

Primary and secondary settings

Application in - family, women, and child welfare settings

Marriage counselling centres, schools settings

Medical and psychiatric settings, correctional institutions

Industry

- Course Outcome**
- The learners will be able to enhance their knowledge on working with individuals.
 - The learners will be able to adopt social case work skills in their practice with individuals with problems.
 - The learners will be empathetic in understanding the problems of the individuals.
 - The learners will be able to handle the clients and record the case

References

1. Biestek, F. (1961): *The Case Work Relationship*, London: Allyn & Bacon
2. Friedlander, W.A. (1964). *Concepts and Methods of Social Work*, New Delhi, Prentice – Hall
3. Hamilton, G. (1951): *Theory and Practice in Social Case Work*, New York: Columbia University Press.
4. Lehmann, P. and Coady, N. (eds) (2001) *Theoretical Perspectives for Direct Social Work Practice: A Generalist-Eclectic Approach*. New York: Springer Publishing Co.
5. Mathew, Grace (1993): *An Introduction to Social Casework*, Mumbai: TATA Institute of Social Sciences.
6. Pearlman, H. H. (1957): *Social Case Work – A Problem Solving Process*, Chicago: The University of Chicago Press.
7. Pearlman, Helen H. (1995) – *Social Case Work: A problem solving process*. New York, USA, The university press,
8. Pippins J.A., (1980), *Developing case work skills*, California: Sage Publications
9. Richmond, Mary (1965): *Social Casework – A Problem Solving Approach*, Chicago: The University of Chicago Press.
10. Robert W Roberts Rebert H Nee: (2000) *Theories of Social Case work*, Chicago, Unity of Chicago Press,
11. Sena F. Fine and Paul H Glass (1996) - *The First Helping Interview, Engaging the client and building Trust*, Sage Publication.
12. Skidmore, Rex A and Thackeray, Milton G (1982). *Introduction to Social Work*, Prentice – Hall, Englewood Cliffs, New Jersey.
13. T. Ronen & A. Freeman (Eds.) (2007) *Cognitive Behavior Therapy in Clinical Social Work Practice*, New York: Springer Publishing Company.
14. Timms, N (1964). *Social Case Work: Principles and Practice*, London, Routledge 7 Kegan Paul.
15. Upadhyay, R.K., (2003) *Social Case Work: A Therapeutic Approach*, New Delhi, Rawat Publications
16. Zastrow, H. C. (2003): *The Practice of Social Work*, Canada: Thomson Learning Academic Resource Center
17. Upadhyay, R.K., (2010) *Social Case Work: A Therapeutic Approach*, New Delhi, Rawat Publications
18. Sheldon, B., & Macdonald, G. M. (2009). *A textbook of social work*. Routledge.
19. George & Sumaraj, L. (2016). *Adolescent counseling*. Jaypee Brothers Medical Publishers.