

SSW 5013: PUBLIC HEALTH

- Course Objectives**
- Understand concept of Public Health, epidemiology and diseases
 - Understand prevention and control measures in the field of public Health and to Realize the evolution and structure of the public health system in India.
 - Identify the public health issues and needs of the country. Approaches of social work to address public health problems.
 - To understand national health policies, NHP, public health administration.

Course outline:

Unit-I Introduction to Public Health

Concept of Health and Community Health, Dimensions of Health, Indicators and Determinants of health; Public Health- Definition, Significance, Evolution of Public health in India, Models of Public health, Health Care delivery system in India- Central, State, District and Block/Village.

Unit-II Epidemiology and Diseases

Definition, aims and uses of epidemiology, Natural history of disease, Epidemiology, Prevention and Control of Communicable and Non-Communicable Disease (NCD): Communicable Disease: Leprosy, sexually transmitted diseases (STDs)-Human Immuno Deficiency Virus/Acquired Immune Deficiency Syndrome (HIV/AIDS), TB.

Emerging disease and threats

Non-Communicable Diseases- Cardiovascular disorders, Cancer, Diabetes, Hypertension, Obesity, Anemia, Injuries.

Unit III Health Systems Development

Health System Models, Levels of Health Care- Primary, Secondary & Tertiary, Health care providers (Government, Private, Voluntary/NGO, Indigenous), Alternative systems of medicine (AYUSH), Integrated health care Delivery- Preventive, promotive, curative & rehabilitative, technology in Health, Relation between Nutrition, Health and Development, Health related Sustainable Development Goals.

Unit IV Health Policy, Programmes and Legislation

Health Policies – Bhore committee, Universal healthcare for all, National Health Policy; National Health programmes- National Rural Health Mission (NRHM), National Urban Health Mission (NUHM), National Leprosy Eradication Programme, Revised National Tuberculosis Control Programme, Universal Immunization Programme, National AIDS Control Programme, National Cancer Control Programme, Family planning programme, Adolescent reproductive sexual health (ARSH), Malaria control programme.

Unit V Social Work Approaches in Public Health

Social determinants of health - Social Work strategies and approaches in Public health; Role of Social worker in Public Health sector; Health education, Health awareness programme, Counseling, School Health Programme; Health System restructuring and reform; Strategies used-

Referral, Community mobilization and organization, Capacity building and training, Resource mobilization.

- Course Outcome**
- Learners will gain a comprehensive knowledge on health, Epidemiology and Diseases and Health Systems Development.
 - Learners will be able to develop their knowledge on different communicable and non-communicable diseases and its prevention and management strategies.
 - Learners will expand their knowledge on Social Work Approaches in Public Health, different legislations related to health and the implementation of health programmes in India.
 - Learners will be able to link the available health services to the communities.

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