

SSW 5251: Community Health and Hygiene

- Course Objectives**
- Study the concept of community, community health and hygiene.
 - Understand the importance of community health and hygiene.
 - To understand the various communicable and non-communicable diseases
 - Understand the need of health and hygiene education.

Course Outline

Unit I Community

Community: Concept, characteristics, types and functions; Understanding the community through various techniques: PRA techniques, focussed group discussion, interview, observation, clarification.

Unit II Community Health

Community health: Concept of community health, methods of prevention and factors affecting health; community health need assessment; community health programmes

Unit III Community Hygiene and promotion

Community hygiene: concept and areas of concern; hygiene promotion: definition and principles, key indicators for hygiene practice

Unit IV Communicable and non-communicable diseases

Communicable diseases: concept and types, Non – communicable diseases: concept and types

Unit V Health and Hygiene Education

Health and Hygiene Education: Concept, need for health and hygiene education, health and hygiene promotion methods (individual, group and mass level), setting for health and hygiene education

- Course Outcome**
- The learners will be able to impart Health and Hygiene Education to the society.
 - The learners will be able to enhance their knowledge and skills related promoting and healthy society.
 - The learner will be able to educate communicable health related information.
 - Lerner will be able to work with health related projects in communities

References

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