

## **Contemporary Social Work**

### **COURSE OBJECTIVES:**

- Understand the Social Work Practice and its importance in the current scenario
- To enhance knowledge on the application of various theories and Models of Social Work
- To enrich the knowledge on contemporary and advanced social work
- To enhance critical understanding of the models and strategies for community organization and social action

### **COURSE CONTENT:**

#### **Unit I: Social Work Profession:**

Social Work Profession: History and Ideologies, Values and Principles, Ethics in social work and Code of Ethics for social workers,  
Social Work Education and practice, Challenges of professional Social Work  
Social Work Profession in changing contexts, Micro, Meso and Macro level contexts.  
Concepts related to Social Work – Charity & Philanthropy, Voluntary Action, Social Service, Social Welfare, Social Reform, Social Security, Social Policy, Social Justice and Human Rights

#### **Unit II: Theories and Models of Social Work:**

Theories of Social Work: Systems theory, Social learning theory, Psychosocial development theory, Psychodynamic theory, Transpersonal theory, Rational choice theory, Marxist Theory, Feminist theory, Cognitive-behavioral theory, Ecosystem theory, Gestalt theory, Attachment theory and Social relationship.

Models of Social Work: Problem-solving, Task-centered, Crisis intervention, Solution Focused, Narrative, Cognitive-Behavioral, Psycho-social therapy, Functional, Holistic  
The Afrocentric and Chinese Model  
Bharatyakaran of Social Work, Vivekananda, Gandhi, Ambedkar, Aurobindo, Mother Teresa and their contribution

#### **Unit III: Emerging Trends in Social Work:**

Interdependence, Reciprocity, Citizenship and social justice. Radical social work, roots, radical social work diaspora, feminist social work practice and issues.

Intervention paradigms: The four forces of social work:

Psychodynamic Paradigms, Cognitive/Behavioral/Communication Paradigms, Experiential/Humanistic/Existential/Paradigm, Transpersonal Paradigms

#### **Unit IV: Approaches to Social Work Practice and Analysis:**

Guidelines for strength assessment process: Defining the problem situation, framework for assessment, the strength model - Approach with the individual, group and community.

Evidence-based Social Work Practice, Generalist Social Work Practice, Strengths-based social work practice, Empowerment based social work practice

GANT Chart, Web Chart Force field Analysis, Felt Need Analysis, Situation Analysis, Snapshot Analysis

#### **Unit V: Social Action and Advocacy:**

Concepts of Social Action and Advocacy

Understanding Community Power Structure

Principles of Social Action

Western Models of Social Action: Saul Alinsky and Paulo Friere

Methods and Strategies in Indian Models of Social Action: Birsa Munda, M.K.Gandhi, Ambedkar, Vinoba Bhave, Jaya Prakash Narayan, Medha Patkar, Daya Bhai

#### **COURSE OUTCOMES:**

- Employ the Social Work Methods and demonstrate practice in the various relevant areas and settings
- Apply the knowledge of various theories and Models of Social Work to deal with problems
- Construct critical understanding on the use of various methods for identifying, assessing and dealing with social problems so as to bring social change and development.
- Create consciousness and empower the marginalized section to have a better standard of life and well-being.

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