



DEPARTMENT OF SOCIAL WORK

MINUTES OF THE BOS MEETING – SOCIAL WORK – 11TH MAY, 2016

Venue: Conference Room, CUK, Periye

Members Present: Dr. Jilly John, Dr. Renjith R. Pillai (Internal Expert)
Dr. Sekar, Dr. B T Lawani, Dr. Rameela Shekhar (External Expert)

1. Dr. John, Dean, School of Social Sciences, welcomed the participants and recommended the board to consider the women sensitivity issues and conflict resolution issues.
2. Board decided to have concurrent field work in all the 4 semesters in addition to block field work
3. Collaboration in terms of development of electives with other departments to be initiated.
4. The board discussed on the course structure, added few more details on the papers.
5. Based on the Dean's suggestion, the Board recommends that training of trainers to be organised on the areas – women issues and conflict resolution on the larger framework of disaster management.
6. Recommends for a centre for women studies from UGC at CUK.
7. The board also recommends proposals to be forwarded to ICSSR for setting up a Centre for Disaster Management as a virtual Department with involvement of allied Departments.
8. Board discussed in detail, the faculty involvement in supervision of field work and handholding support provided at the field level for students. Field work agencies are scattered in and around Kasargod District (approximately 70 square kilometers). The board strongly recommends that the direct cost involved in travelling to these social laboratories is reimbursed.

Dr. K Sekar
External Expert

Dr. B T Lawani
External Expert

Dr. Rameela Shekhar
External Expert

Dr. Jilly John
Chairperson

Dr. Renjith R. Pillai
Internal Expert





केरल केन्द्रीय विश्वविद्यालय
CENTRAL UNIVERSITY OF KERALA
Tejaswini Hills, Periyar P.O, Kasaragod, Kerala, India- 671 316
DEPARTMENT OF SOCIAL WORK

Date 11.05.2016

DEPARTMENT OF SOCIAL WORK BOARD OF STUDIES MEETING

Sl.No.	Name	Signature
1.	Dr.Jilly John, Assistant Professor & HoD I/c Department of Social Work - <i>Chair Person - B.O.S.</i>	
2.	Dr.Renjith R Pillai, Assistant Professor Department of Social Work	
3.	Dr.Reinhart Philip, Assistant Professor, Department of International Relations	—
4.	Dr K Sekar Professor NIMHANS Bangalore-560029	
5.	Dr Rameela Shekhar Professor & Dean Department of Social Work Roshininilaya, Mangalore	 11/04/16
6.	Dr B T Lavani Director, Yashwantrao Chavan Institute of Social Sciences Studies and Research Bharati Vidyapeeth University Pune	
7.	Dr Prof.L/Tharabhai Former professor & Head of the Department of Sociology Madurai Kamaraj University Maduari 2A,GIE Classic, Tank Road, Near Vanjiyoor School, Thiruvananthapuram Kerala-695001	—

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Central University of Kerala

11/05/16
DR. JILLY JOHN
CHAIR PERSON

HMS 5003 - INTRODUCTION TO PSYCHIATRIC SOCIAL WORK

Course Objectives

- Understand the concept of mental health and emergence of the profession of psychiatric social work
- Understand major and minor mental illness
- Undertake the methods and process of assessing the patients/clients
- Familiarize the common mental health interventions

Course Outline

Unit 1 Mental Health

- Mental health – global definitions Trends in mental health care
- Magnitude of mental health problems and its common causes Need for mental health care in India

Unit 2 Psychiatric Social Work - Assessment and Diagnosis

- Emergence of psychiatric social work (PSW) in India & abroad
- Psychiatric social work – definition, changing perspectives of psychiatric social work Assessments
- Case history taking
- Mental Status Examination (MSE)
- Family life cycle stages and family dynamics – family structure, leadership, role functioning, communication pattern, reinforcement pattern, cohesiveness and adaptive patterns
- Social analysis and Diagnosis

Unit 3 Mental and behavioural disorders - I Classification of mental disorders in ICD Organic mental disorders

- Disorders due to substance use
- Schizophrenia, schizotypal and delusional disorders Mood [affective] disorders

Unit 4 Mental and behavioural disorders - II

- Neurotic, stress-related and somatoform disorders
- Behavioural syndromes associated with physiological disturbances and physical factors
- Disorders of adult personality and behaviour Mental retardation
- Disorders of psychological development
- Behavioural and emotional disorders in childhood and adolescence

Unit 5 Psychosocial Management

- Psychosocial interventions – relevance and importance Research evidences for psychiatric social work interventions Psychosocial management of psychiatric illness
- Individual level - psycho-education, activity schedule, social skills training, token economy, graded exposure, systematic desensitization, relaxation techniques, flooding, exposure and relapse prevention, pre-discharge counselling; indigenous approaches to treatment of mentally ill – yoga, meditation

References

Group level - group work, group therapy, support groups Family level - family psycho-education, family therapy

Community level - awareness programmes, stigma reduction, community-based rehabilitation

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