



केरल केन्द्रीय विश्वविद्यालय
CENTRAL UNIVERSITY OF KERALA
Department of Social Work, School of Social Sciences
Tejaswini Hills, Periyar P.O, Kasaragod, Kerala, India- 671 316

MINUTES OF THE BOS MEETING- SOCIAL WORK -12TH APRIL 2018

Venue: Conference Board room, CUK, Periyar

Members present:

- Dr. Mohan A K Chairperson BOS
Dr. Jilly John (Member)
Prof. (Dr) Sekar (External Member)
Dr. Rameela Shekar (External member)
Dr. Ashalekshmi (Member)
Dr. Dilip Diwakar G (Invited guest)
Dr. Laxmi (Invited Guest)

Agenda for the BOS Meeting

1. Inclusion of the old age pension scheme in the curriculum
It can be included in Unit II of the Social Policy and Social Legislation syllabus
2. New Open Elective Paper
 - i) Gender and society
 - There should be five units and each unit should have minimum of five subunits to give scope to ask specific questions
 - Gender concepts should be included
 - Sex and sexuality
 - Rather than sex ratio it has to be comprehensive to understand on the concept
 - Positive aspects of gender should be included- Participation and decision
 - Newer issues- Male harassment committee
 - Even the new judicial judgments
 - Third gender
 - Different teaching methodology should be adopted to make it more interactive and interesting
 - Case studies- Sumangali thittam, Devadasi, etc
 - Visit to organization working on these aspects
 - IEC to the community
 - It looks like debate, it should be more specific.
 - We will rework the syllabus and circulate among the members
 - International women's fest in Kerala
 - ii) Gerontological Social Work
 - Unit I- Instead of Concepts of elderly it should be concepts gerontology
Instead of elderly the terminology should be changed to gerontology in all the units
 - Unit II- Psycho-Social Support- Issues on psycho-social aspects of the elderly and health issues. Also include the economic, safety, coping and other issues in unit II.
Support or interventions required to address their problems
 - Unit III- The remaining aspects will remain same.
 - Unit IV- Protective community and Caring community,
Visit to organizations for practical exposure- eg. Calicut NIMHANS, nearby organization
Tool word can be avoided as it is not necessary
 - Unit V- Policies and programmes for elderly- Bring the Act pertaining to elderly, Human rights perspectives, programmes for uncared aged, caring of the careers.

Mohan A K
Dr. Mohan A K
उपसहयोग/Associate Professor

सामाजिक कार्य विभाग/Department of Social Work
केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala
तेजस्विनी हिल्स, पेरियार, कासरगोड, केरल, भारत- 671 316
दूरभाष: 0471-2530900, 2530901, 2530902, 2530903, 2530904, 2530905, 2530906, 2530907, 2530908, 2530909, 2530910



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iii) Participatory Methods for Planning and Management

- Unit III- Techniques of Participatory Matrix
Tools need to be developed
- Unit V- It should have practical aspects the proposal should be prepared based on their practical experience

iv) Community Health and Hygiene

Mental health, Social health, Spiritual Health can be added
Yoga, integrative medicines
Alternative/indigenous methods

3. Credits for rural camp, internship and block placement

Two credits are approved for Rural camp and study tour 7-10 days.

Four credits are approved for internship and Block Placement

4. Changes suggested in social policy and social legislation is approved by the BOS

Other Issues Discussed

Recommendations for New courses

1. Addition related interventions

- Technological additions
- Social network-
- Internet
- Drugs

1. Diploma in Psychiatric Social Work

Mental Health Act- in force in July 2018. The definition of the SW there is a gap

Collaboration with the Mental Health Hospital

Department of Psychiatry to have collaboration with

2. Virtual Knowledge network course

Signature of BOS Members

Prof. (Dr) Sekar (External Member)

Dr. Rameela Shekar (External member)

Dr. Mohan A K, Chairperson BOS

Dr. Ashalekshmi (Member)

Dr. Jilly John (Member)

Dr. Dilip Diwakar G (Invited guest)

Dr. Laxmi (Invited Guest)

डॉ. मोहन ए के / Dr. Mohan A K
अध्यक्ष / Associate Professor
समाजकार्य विभाग / Department of Social Work
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DEPARTMENT OF SOCIAL WORK

Board of Studies meeting Attendance Sheet

Date: 12th April 2018

Sl. No.	Particulars	Signature
1	Dr. Mohan A K, Chairperson BoS, Department of Social Work, Central University of Kerala.	 12/4/18
2	Dr. K Sekar, Member, Professor of PSW, NIMHANS, Bangalore.	 12/4/18
3	Dr. Rameela Shekhar, Member, Professor and Dean, Department of Social Work, Roshini Nilaya Mangalore.	 12/04/18
4	Dr. B T Lawani, Member, Director Yashwanthorao Chavan Institute Social Sciences, Bharati Vidyapeeth University, Pune.	ABSENT
5	Prof. L Tarabai, Member, Former Professor and head, Madurai Kamaraj University, Madurai.	ABSENT
6	Dr. Jilly John, Member, Assistant Professor, Department of Social Work Central University of Kerala	 12/4/18
7	Dr. Ashalekshmi B S, Member. Department of Public Administration and Policy Studies, Central University of Kerala	 12/04/18
8	Dr. Dilip Diwakar Invited Assistant Professor, Department of Social Work Central University of Kerala	 12/4/18
	Dr. Laxmi Invited Assistant Professor, Department of Social Work Central University of Kerala	 12/04/18

डॉ. मोहन ए के/ Dr. Mohan A K
उपाचार्य/Associate Professor - Chairman
समाजकार्य विभाग/Department of Social Work BoS.
केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala
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SSW 5015 - INTRODUCTION TO PSYCHIATRIC SOCIAL WORK

Course Objectives

- Understand the concept of mental health and emergence of the profession of psychiatric social work.
- Understand major and minor mental illness
- Undertake the methods and process of assessing the patients/clients
- Familiarize the common mental health interventions

Course Outline

Unit 1 Mental Health

Mental health – global definitions, Trends in mental health care, Magnitude of mental health problems and its common causes Need for mental health care in India.

Unit 2 Psychiatric Social Work - Assessment and Diagnosis

Emergence of psychiatric social work (PSW) in India & abroad, Psychiatric social work – definition, changing perspectives of psychiatric social work Assessments: Case history taking, Mental Status Examination (MSE), Family life cycle stages and family dynamics – family structure, leadership, role functioning, communication pattern, reinforcement pattern, cohesiveness and adaptive patterns. Social analysis and Diagnosis.

Unit 3 Mental and behavioural disorders - I

Classification of mental disorders in ICD, Organic mental disorders, Disorders due to substance use, Schizophrenia, schizotypal and delusional disorders, Mood [affective] disorders.

Unit 4 Mental and behavioural disorders - II

Neurotic, stress-related and somatoform disorders, Behavioural syndromes associated with physiological disturbances and physical factors, Disorders of adult personality and behaviour Mental retardation, Disorders of psychological development, Behavioural and emotional disorders in childhood and adolescence.

Unit 5 Psychosocial Management

Psychosocial interventions – relevance and importance, Research evidences for psychiatric social work interventions Psychosocial management of psychiatric illness, Individual level - psycho-education, activity schedule, social skills training, token economy, graded exposure, systematic desensitization, relaxation techniques, flooding, exposure and relapse prevention, pre-discharge counselling; indigenous approaches to treatment of mentally ill, yoga, meditation Group level - group work, group therapy, support groups Family level - family psycho-education, family therapy. Community level - awareness programmes, stigma reduction, community-based rehabilitation

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