

CENTRAL UNIVERSITY OF KERALA
DEPARTMENT OF PUBLIC HEALTH AND COMMUNITY MEDICINE

Minutes of the Board of Studies meeting held on July 8, 2020

1. The 2nd board of studies meeting for the Department of Public Health and Community Medicine was held on July 8th 2020 from 10 am to 1pm. The meeting was attended by the following members.

Sl.	Name of the expert	Capacity	Designation & Affiliation
1	Dr Elezebeth Mathews	Chairperson	HOD (In-charge), DPH&CM, CUK
2	Prof. (Dr.) KR Thankappan	Member	Professor, DPH&CM, CUK
3	Assoc. Prof. Dr. Rajendra Pilankatta	Member	Dean, School of Medicine & Public Health, CUK
4.	Dr Sibasis Hense	Member	Asst. Professor, DPH&CM, CUK
5	Prof. (Dr.) Raman Kutty V	Member	Epidemiologist and Data Science Consultant, Amala Institute of Medical Sciences, Thrissur, Kerala
6	Prof. (Dr.) Unnikrishnan B	Member	Associate Dean and Professor Department of Community Medicine, Kasturba Medical College, Mangalore MAHE.

7	Dr. Shailendra Kumar B Hegde	Member	Senior Vice President - Public Health Innovations at Piramal Swasthya, Hyderabad (India)
8.	Dr. C.K. Jagadeesan	Member	State Nodal Officer of ARDRAM Mission and Deputy Director, Directorate of Health Services, Govt. of Kerala
9.	Dr. K Vijayakumar	Member	Professor, Dept. of Community Medicine, Amrita Institute of Medical Sciences, Kochi.
10.	Mr. Prakash Babu Kodali	Faculty member	Department of Public Health and Community Medicine, Central University of Kerala
11	Ms. Jayalakshmi Rajeev	Faculty Member	Department of Public Health and Community Medicine, Central University of Kerala

2. The Department proposed for a change in the eligibility criteria for admission to the MPH program due to the increasing number of applications from life sciences and biomedical stream. Faculty members envisioned that if there are more applications with relaxed eligibility criteria, the competition to the program will be tougher and best students can be selected to the program.

Current Eligibility criteria: MBBS/BDS/B.Sc. Nursing (4 years)/any Branch of Engineering (4 years)/ B.Pharm/Bachelor of Phototherapy/ B. AYUSH/ B.Vety/B.V.Sc./ Master in Social Work/ Economics/ Policy Science/ Sociology/Nutrition/ Development Economics/ Public Administration/Psychology/ Law. No upper age limits.

Proposed eligibility criteria: Bachelor's degree in the following disciplines are eligible: Medicine / AYUSH / Dentistry / Veterinary Sciences/ Nursing/ Allied Health Sciences / Life Sciences / Statistics / Biostatistics / Demography / Population Studies / Nutrition / Sociology /

Psychology / Anthropology / Social Work/ Engineering/ Bio-medical sciences/ Law/ Management Studies/ Public Policy & Administration/ Economics. No upper age limits.

The members of the Board of Studies deliberated on the eligibility criteria proposed by the department and approved the same.

3. The MPH curriculum was revised as per the curriculum promulgated by the Ministry of Health and Family Welfare, adhering to the CBCS guidelines of University Grants Commission. The revised curriculum has also incorporated value addition courses from Massive Open Online Courses from SWAYAM program of Government of India as electives.

The revised MPH programme consists of 72 Credits, of which 59 and 13 credits are offered through core and elective courses (including MOOC courses) respectively. **Semester- I** consist of 20 credits; **Semester- II** consist of 20 Credits; **Semester-III** consist of 18 Credits; and **Semester -IV** consist of 14 credits.

The revised program structure was approved by the members.

4. Dr. Vijayakumar recommended that disaster management be included in Principles of Practices of Public Health course and the same has been incorporated.
5. Dr. Jagadeesan suggested the need to include health systems based internship to students to get them acquainted with the functioning of the health system. He further suggested that the course on Health Promotion methods and approaches shall also include the approaches in decentralized system. The same has been incorporated.
6. The courses and the syllabi was reviewed and approved by the members.

Dr. Elezebeth Mathews <dr.elezebethmathews@cukerala.ac.in>

Approval for the amends in the MPH Program structure

9 messages

Dr. Elezebeth Mathews <dr.elezebethmathews@cukerala.ac.in>

Fri, Jan 8, 2021 at 3:19 PM

To: raman kutty <kuttyr@gmail.com>, Jagdeesan CK <jagadeesancu@gmail.com>, communitymedicine@gmail.com, "Dr.Shailendra Kumar B Hegde" <shailendra.hegde@piramalswasthya.org>, "Unnikrishnan B [MAHE-KMCMLR]" <unnikrishnan.b@manipal.edu>, Kr Thankappan <kr.thankappan@gmail.com>, "Dr. Sibasis Hense" <dr.sibasishense@cukerala.ac.in>

Dear Sir,

Greeting from the Dept. of Public Health and Community Medicine, Central University of Kerala. I wish you all a very happy and prosperous 2021.

I am writing this email to seek your suggestions and approval for a few changes that we are proposing to the MPH curriculum approved by all members of the Board of Studies (BoS) in an online meeting held on 8 July 2020.

The proposed changes are necessary to address the uncertainties around timely completion of the MPH programme by the students. The uncertainties have arisen due to the delay in running University Semesters primarily attributed to COVID-19 pandemic. As per the Choice based Credit System followed by the University, the MPH program has core (mandatory) and elective courses. In the recent BoS revision, we have included UGC's SWAYAM MOOC elective courses (Massive Open Online Courses) and have not included elective courses in semester 2. The proposed changes are:

- 1) To include three new in-house elective courses in **Semester-II** in addition to the current UGC's SWAYAM MOOC elective courses (Massive Open Online Courses). The details of the proposed elective courses (3 courses) are given below and the syllabi are **(attached)**.

Sl.	Course Code	Course Title	Credit
1	MPC 50 03	Mixed Methods in Health Sciences	3
2	MPC 50 04	Medical Anthropology	3
3	MPC 50 05	Essentials of Global Health	3

- 2) To change the number of credits of the Core course **MPC 52 03 Epidemiology of Communicable and Non-communicable Diseases** to "4 Credits". Currently, the course is assigned "3 Credits".

- 3) To change the number of credits of the in-house elective courses **MPC 50 01: Public Health Nutrition** and **MPC 50 02: Health Inequities in Semester-I** to "3 Credits" each. Currently, the courses are assigned "2 Credits each".

4) In the event of any MPH student, interested to enroll in a MOOC course (as approved by the BoS) through SWAYAM, they may be provided with the flexibility to enroll MOOC courses in any of the four semesters during the MPH programme. However, the total credits (for each semester and the entire MPH programme) to be earned by the student shall be governed by the UGC's Choice Based Credit System (CBCS) guidelines.

5.) Currently, the Semester-wise credit allocation of the MPH programme is: Semester I = 20, Semester II = 20, Semester III = 18, Semester IV = 14. **The Department proposes the following Semester-wise credit allocation:**

- Semester I = 21
- Semester II = 20
- Semester III = 17
- Semester IV = 14.

However, the total number of credits for the MPH programme remains the same i.e., 72 (Core courses: 60; Elective Courses: 12)

6.) The current MPH students of the Department may be given the flexibility to undertake the **MPC 54 92: Internship (Semester-IV)** either through online or offline modes, considering the COVID-19 pandemic.

7.) To approve the list of SWAYAM MOOC Courses (**attached**).

8.) The Current MPH programme structure (**approved as of 8 July 2020**) and proposed structure by the Department (**as of 6 Jan 2021**) are attached.

We look forward to your kind approval/ or any suggestions on the above eight items.

Sincerely,

Elezebeth Mathews

Enclosures


1. Syllabi of the In-house Elective Courses:
 - a.) Mixed Methods in Health Sciences, b.) Medical Anthropology and c.) Essentials of Global Health
2. Current MPH Programme Structure (as approved by the BoS in the meeting held on 8 July 2020)
3. Proposed MPH Programme Structure (proposed by the Faculty Council of the Dept. of Public Health in the Council meeting held on 6 Jan 2021)
4. List of SWAYAM MOOC courses for approval.


11/01/2021

Central University of Kerala Mail - Approval for the amends in the MPH Program structure

Phone: +91- 9495221707

2 attachments

 MPH Current_ProposedStructure_8Jan2021.docx
28K

 Syllabi_combined.docx
49K

Vijayakumar K <communitymedicine@gmail.com>
To: "Dr. Elezebeth Mathews" <dr.elezebethmathews@cukerala.ac.in>

Fri, Jan 8, 2021 at 3:23 PM

Dear Elizabeth,
It is ok in the current circumstances.
Sincerely
Vk
[Quoted text hidden]

Dr. Sibasis Hense <dr.sibasishense@cukerala.ac.in>
To: "Dr. Elezebeth Mathews" <dr.elezebethmathews@cukerala.ac.in>

Fri, Jan 8, 2021 at 6:34 PM

Cc: raman kutty <kuttyr@gmail.com>, Jagdeesan CK <jagadeesancu@gmail.com>, "communitymedicine@gmail.com" <communitymedicine@gmail.com>, "Dr.Shailendra Kumar B Hegde" <shailendra.hegde@piramalswashthya.org>, "Unnikrishnan B [MAHE-KMCMLR]" <unnikrishnan.b@manipal.edu>, Kr Thankappan <kr.thankappan@gmail.com>

Dear Dr Elezebeth, I approve the suggested changes.

Regards, Sibasis
[Quoted text hidden]

Dr Sibasis Hense, PhD (Aus), MPH (Aus), MBA (IIHMR), BBA(Hons.)
Formerly, Australia Endeavour Fellow
Assistant Professor
Department of Community Medicine & Public Health
Central University of Kerala
Kasaragod-6711316, Kerala (India)
A/E: sibahense@gmail.com
Mob:+91 7978806622

Kr Thankappan <kr.thankappan@gmail.com>
To: "Dr. Sibasis Hense" <dr.sibasishense@cukerala.ac.in>

Fri, Jan 8, 2021 at 6:44 PM

Cc: "Dr. Elezebeth Mathews" <dr.elezebethmathews@cukerala.ac.in>, raman kutty <kuttyr@gmail.com>, Jagdeesan CK <jagadeesancu@gmail.com>, communitymedicine@gmail.com, "Dr.Shailendra Kumar B Hegde" <shailendra.hegde@piramalswashthya.org>, "Unnikrishnan B [MAHE-KMCMLR]" <unnikrishnan.b@manipal.edu>

Dear Elezebeh

I approve the amends in the MPH program structure

Sent from my iPhone

On 08-Jan-2021, at 6:34 PM, Dr. Sibasis Hense <dr.sibasishense@cukerala.ac.in> wrote:

Dear Dr Elezebeth, I approve the suggested changes.
[Quoted text hidden]

11/01/2021

Central University of Kerala Mail - Approval for the amends in the MPH Program structure

Dear Madam

I approve the proposed changes in the MPH program.

With Regards,

Dr. C K Jagadeesan

[Quoted text hidden]

Unnikrishnan B [MAHE-KMCMLR] <unnikrishnan.b@manipal.edu> Sun, Jan 10, 2021 at 10:55 AM
To: "Dr. Elezebeth Mathews" <dr.elezebethmathews@cukerala.ac.in>, raman kutty <kuttyr@gmail.com>, Jagdeesan CK <jagadeesancu@gmail.com>, "communitymedicine@gmail.com" <communitymedicine@gmail.com>, "Dr. Shailendra Kumar B Hegde" <shailendra.hegde@piramalswashthya.org>, Kr Thankappan <kr.thankappan@gmail.com>, "Dr. Sibasis Hense" <dr.sibasishense@cukerala.ac.in>

Dear Dr Elezebeth,
Greetings, I approve the proposed changes in the MPH curriculum.

With best regards,

Dr. B. Unnikrishnan,
Associate Dean & Professor of Community Medicine,
Kasturba Medical College, Mangalore,
Manipal Academy of Higher Education, Manipal.

From: Dr. Elezebeth Mathews <dr.elezebethmathews@cukerala.ac.in>
Sent: Friday, January 8, 2021 3:19 PM
To: raman kutty; Jagdeesan CK; communitymedicine@gmail.com; Dr. Shailendra Kumar B Hegde; Unnikrishnan B [MAHE-KMCMLR]; Kr Thankappan; Dr. Sibasis Hense
Subject: Approval for the amends in the MPH Program structure

[Quoted text hidden]

Dr. Shailendra Kumar B Hegde <Shailendra.Hegde@piramalswashthya.org> Sun, Jan 10, 2021 at 7:40 PM
To: "Dr. Elezebeth Mathews" <dr.elezebethmathews@cukerala.ac.in>, raman kutty <kuttyr@gmail.com>, Jagdeesan CK <jagadeesancu@gmail.com>, "communitymedicine@gmail.com" <communitymedicine@gmail.com>, "Unnikrishnan B [MAHE-KMCMLR]" <unnikrishnan.b@manipal.edu>, Kr Thankappan <kr.thankappan@gmail.com>, "Dr. Sibasis Hense" <dr.sibasishense@cukerala.ac.in>

Dear Dr Elezebeth,
Greetings,

I hereby approve the proposed changes in the MPH curriculum.

Thank You
All the best

Get Outlook for iOS

From: Dr. Elezebeth Mathews <dr.elezebethmathews@cukerala.ac.in>
Sent: Friday, January 8, 2021 3:19:19 PM
To: raman kutty <kuttyr@gmail.com>; Jagdeesan CK <jagadeesancu@gmail.com>; communitymedicine@gmail.com <communitymedicine@gmail.com>; Dr. Shailendra Kumar B Hegde <Shailendra.Hegde@piramalswashthya.org>; Unnikrishnan B [MAHE-KMCMLR] <unnikrishnan.b@manipal.edu>; Kr Thankappan <kr.thankappan@gmail.com>; Dr. Sibasis Hense <dr.sibasishense@cukerala.ac.in>
Subject: Approval for the amends in the MPH Program structure

[Quoted text hidden]

[Quoted text hidden]

Elezebeth Mathews

11/01/2021

Central University of Kerala Mail - Approval for the amends in the MPH Program structure

To: "Dr. Shailendra Kumar B Hegde" <Shailendra.Hegde@piramalswasthya.org>
Cc: raman kutty <kuttyr@gmail.com>, Jagdeesan CK <jagadeesancu@gmail.com>, "communitymedicine@gmail.com" <communitymedicine@gmail.com>, "Unnikrishnan B [MAHE-KMCMLR]" <unnikrishnan.b@manipal.edu>, Kr Thankappan <kr.thankappan@gmail.com>, "Dr. Sibasis Hense" <dr.sibasishense@cukerala.ac.in>

Dear Sirs,

Thank you for the kind approval.

Sincerely yours,

Elezebeth Mathews

[Quoted text hidden]

raman kutty <kuttyr@gmail.com>

Mon, Jan 11, 2021 at 10:00 AM

To: "Dr. Elezebeth Mathews" <dr.elezebethmathews@cukerala.ac.in>
Cc: "Dr. Shailendra Kumar B Hegde" <Shailendra.Hegde@piramalswasthya.org>, Jagdeesan CK <jagadeesancu@gmail.com>, "communitymedicine@gmail.com" <communitymedicine@gmail.com>, "Unnikrishnan B [MAHE-KMCMLR]" <unnikrishnan.b@manipal.edu>, Kr Thankappan <kr.thankappan@gmail.com>, "Dr. Sibasis Hense" <dr.sibasishense@cukerala.ac.in>

The suggested changes are approved

RK

V Raman Kutty M D, M Phil, M P H (Harvard), FIACS
Research Director, Amala Cancer Research Centre, Thrissur 680555

Epidemiologist and data science consultant

Honorary Chairman, Health Action by People

Ex- Professor, Sree Chitra Tirunal Institute for Medical Sciences and Technology, and
Former head, Achutha Menon Centre for Health Science Studies

Trivandrum 695011 INDIA

Phone: 91-471-2552774 (Office)

[Quoted text hidden]

Dr. Math.

Semester: II
Elective Course
4. Course Code & Title: MPC-50 04 Medical Anthropology
Credit: 3

Course objectives:

To introduce students to the basic terminology, concepts and theories of Anthropology and their application in Health Sciences.
 To enable students to understand the links between culture, human behaviour and health.
 To enable students, appreciate the application of Medical Anthropology concepts in the domain of Public Health
 To equip students with the essential skill-sets and equip them analyse medical systems from the perspective of Medical Anthropology

Course outcomes: On successful completion of this course, students will be able to

- 1) Understand the health, disease and health behaviors through cultural and anthropological lens.
- 2) Develop a basic understanding of key theoretical perspectives in medical anthropology and skill apply them in public health discourse.
- 3) Know how culture and acculturation influences health and illness behavior of individuals/communities

Teaching methods: This course will be delivered using a variety of teaching methods which include (but not limited to) classroom lectures, online classes, webinar's, assignments, field work and group work.

Unit 1: Introduction to Medical Anthropology									
	L	F W	F V	C S	G W	S S	S P	P	Mandatory Readings
Anthropology, Culture and Medicine	X								Pool, R., & Geissler, W. (2005). <i>Medical anthropology</i> . McGraw-Hill Education (UK).
Illness and Sickness	X			X					
Self, Embodiment and Agency	X								

Social Models of Health and Illness	X									Singer, M., Baer, H., Long, D., & Pavlotski, A. (2019). <i>Introducing medical anthropology: a discipline in action</i> . Rowman & Littlefield. Wainwright, D. (Ed.). (2008). <i>A sociology of health</i> . Sage
Unit 2: Theoretical Foundations to Medical Anthropology										
Ecological Approach to Medical Anthropology	X									Wellin, Edward. 1977. "Theoretical Orientations in Medical Anthropology: Continuity and Change over the Past Half-Century." In <i>Culture, Disease, and Healing: Studies in Medical Anthropology</i> . David Landy, ed. Pp. 47-58. New York: Macmillan Publishing Company, Inc.
The Interpretative Medical Anthropology Approach	X									Young, Allan. 1982. "Anthropologies of Illness and Sickness." <i>Annual Review of Anthropology</i> 11:257-285.
Functionalist Perspective on Health	X									Grønseth, Anne Sigfrid. "Three approaches to the study of health." Available at https://www.fhi.no/globalassets/dokumenterfiler/rapporter/2009-og-eldre/three-approches-to-the-study-of-health-nakmi-skriftserie-2-2009.pdf
The Theory of Sick Role	X									Amzat, J., & Razum, O. (2014). Functionalist Perspective on Health. In <i>Medical Sociology in Africa</i> (pp. 83-106). Springer, Cham.
Health, Gender and Feminism	X									Leatherman, T., & Goodman, A. H. (2011). Critical biocultural approaches in medical anthropology. <i>A companion to medical anthropology</i> , 29-48. Damian E M Milton (Undated). Talcott Parsons and the Theory of the Sick Role. Available at https://kar.kent.ac.uk/62743/55/Talcott%20Parsons%20and%20the%20theory%20of%20the%20%27Sick%20Role%27%202004.pdf Benner, Patricia, ed. 1994. <i>Interpretive Phenomenology: Embodiment, Caring, and Ethics in Health and Illness</i> . Sage. Wainwright, D. (Ed.). (2008). <i>A sociology of health</i> . Sage.
Unit 3: Health and Human Behaviour										
Risk, Risk factors and Human Behaviour	X			X						Buckingham, A. (2008). Doing better, feeling scared: health statistics and the culture of fear. <i>A sociology of health</i> , 19-37.
Illness Behaviour and Discourse in Health	X									Burgess, A. (2008). Health scares and risk awareness. <i>A sociology of health</i> , 56-76.

Interpreting and Explaining sickness	X								Wainwright, D. (Ed.). (2008). <i>A sociology of health</i> . Sage.
Stigma, Health and Behaviour	X								Gabe, J. (1995). Health, medicine and risk: the need for a sociological approach. <i>Medicine, health and risk: sociological approaches</i> , 1-17.
Epidemics and Human Behaviour	X		X						Lupton, D. (1992). Discourse analysis: A new methodology for understanding the ideologies of health and illness. <i>Australian journal of public health</i> , 16(2), 145-150. Wainwright, D. (2008). Illness behaviour and the discourse of health. <i>A sociology of health</i> , 76-96. Weiss, M. G., Ramakrishna, J., & Somma, D. (2006). Health-related stigma: rethinking concepts and interventions. <i>Psychology, health & medicine</i> , 11(3), 277-287. Churcher, S. (2013). Stigma related to HIV and AIDS as a barrier to accessing health care in Thailand: a review of recent literature. <i>WHO South-East Asia journal of public health</i> , 2(1), 12-22. Singer, M. (1994). AIDS and the health crisis of the US urban poor; the perspective of critical medical anthropology. <i>Social science & medicine</i> , 39(7), 931-948. Inhorn, M. C., & Brown, P. J. (1990). The anthropology of infectious disease. <i>Annual review of Anthropology</i> , 19(1), 89-117.
Unit 4: Medical Systems and Anthropology									
Healers and Healing Professions	X								Egnew, T. R. (2005). The meaning of healing: transcending suffering. <i>The Annals of Family Medicine</i> , 3(3), 255-262.
Ethnomedicine	X		X						Singer, M., Baer, H., Long, D., & Pavlotski, A. (2019). <i>Introducing medical anthropology: a discipline in action</i> . Rowman & Littlefield.
Medical Pluralism and Medical Syncretism	X								Baer, H. A. (2011). Medical pluralism: an evolving and contested concept in medical anthropology. <i>A companion to medical anthropology</i> , 405-423. Egnew, T. R. (2009). Suffering, meaning, and healing: challenges of contemporary medicine. <i>The Annals of Family Medicine</i> , 7(2), 170-175.

