



**DEPARTMENT OF SOCIAL WORK**  
**Central University of Kerala**

Tejaswini Hills, Periyar Post  
Kasargod, Kerala

**Report on:**  
**Skill Development Workshop**  
**for**  
**I Semester MSW Students**

**Date:** 19<sup>th</sup> to 25<sup>th</sup> July 2018

**Venue:** Seminar Hall

## Programme Schedule

<b>Date</b>	<b>Time</b>	<b>Activities</b>	<b>In charge</b>
09.07.2018	10.00 am to 11.00 am	Orientation	Dr. Mohan Head of the Department
	11.00 pm to 1.00 pm	Name Learning	
	1.00 pm to 2.00 pm	Lunch Break	
	2.00 pm to 4.30 pm	Team Building	Prasieja PhD Scholar
	4.30 pm to 5.00 pm	Evaluation	Dr. Mohan
10.07.2018	10.00 am to 11.00 am	Energiser	Swasthik PhD Scholar
	10.30 am to 1.00 pm	Basic Necessities: <ul style="list-style-type: none"> <li>• Postures and gestures</li> <li>• Costumes and Props</li> <li>• Stage space utilisations</li> </ul>	
	01 pm to 2.00 pm	Lunch Break	
	2.00 pm to 4.00 pm	Act Out (Skit on Given topic )	Prakash Amin & Austin PhD Scholars
	3.30 pm to 4.30 pm	Script writing	Swasthik PhD Scholar
	4.30 pm to 5.00 pm	Evaluation	Dr. Jilly John Asst. Professor
11.07.2018	10.00 am to 10.30 am	Theatre Exercise	Prakash Amin & Austin PhD Scholars
	10.30 am to 11.30 am	Street play in Social work	
	11.30 am to 1.00 pm	Voice Modulation Music/ Songs	Swasthik PhD Scholar
	01 pm to 2.00 pm	Lunch Break	
	02.00 pm to 3.30 pm	Flash Mob	Jayachandran& Anoop PhD Scholars
	3.30 pm to 4.30 pm	Division of Group and Script writing on Given topic for street play	Prakash & Swasthik PhD Scholars
	4.30 pm to 5.00 pm	Evaluation	Dr. Dilip Diwakar Asst. Professor
12.07.2018	10.00 am to 10.30 am	Theatre exercise	Prasieja PhD Scholar
	10.30 am to 1.00 pm	Problem solving Game	Jayachandran PhD Scholar
	01 pm to 2.00 pm	Lunch Break	
	2.00 am to 4.30 pm	Rehearsal	Prakash & Swasthik PhD Scholar
	4.30 pm to 5.00 pm	Evaluation	Dr.Laxmi Asst. Professor

13.07.2018	10.00 am to 1.00 pm	Rehearsal	Prakash & Swasthik
	01 pm to 2.00 pm	Lunch Break	
	2.00 pm to 4.00 pm	Presentation of Street Play	Prasieja Austin Jayachandran Akhila Anoop
	4.00 pm to 5.00 pm	Feedback and Conclusion	

## **Overview of the Programme**

Social work as a profession demands commitments and engagements that transcend mere theoretical knowledge imparted through textbooks. The very code of ethics of Social Work demands a social worker to be constantly grooming his competencies that he or she could impart social work services to people in a competent manner. Thus, as a profession social work demands practitioners to put their heart into attaining professional competencies. The Social Work department of Central University of Kerala, Kasargod has always been keen to expand its social commitments beyond the curriculum imparted through class rooms. The department has been pioneering many socially committed endeavours that has the potential to contribute to positive social engineering in the region. The social work students of the department is the key asset through whom the department extends its social transformation process in the area. With the aim of equipping the newcomers who joined the department for the academic year 2018-2020, the department has organised a five day skill development workshop from 18<sup>th</sup> July to 25<sup>th</sup> July, 2018. The workshop was lead by the research scholars of the social work department under the patronage of the faculties.

### **DAY I (19-07-2018): SESSIONS AND ACTIVITIES**

The program kick started with an inaugural session blessed with the presence of Honourable Vice Chancellor of Central University of Kerala Dr. G Gopakumar, Head of Social Work department Dr. Mohan A K, other faculty members and students. The major proceedings and sessions of day I were:

- **Welcome Note: Dr. Mohan A K, HoD, Department of Social Work**

Dr. Mohan, HoD, Department of Social Work extended a warm welcome to all the dignitaries of the day; especially Dr. G. Gopakumar, Vice Chancellor of the Central University of Kerala. He took the opportunity to give a general picture about the department and its activities to the newcomers. He also explained about the activities carried out by the department on behalf of the university

towards the cause of social welfare and urged the Vice Chancellor to continue the support the university is offering to the department of social work. He also utilised the opportunity to launch the ASER India survey project which is one of the many initiatives Social Work department is part of. The South Indian zonal head of AZAR, India Mr. Nataraj and Kerala state head Ms. Soumya were welcomed by him and he also opined that the project will be carried out by the department successfully contributing to the education sector of India. He concluded by extending good luck to the newcomers.

● **Inauguration and Inaugural Address by Dr. G Gopakumar, Vice Chancellor, Central University of Kerala**

Dr. G Gopakumar, Vice Chancellor of the Central University was the chief guest of the programme and he inaugurated the workshop by unveiling the logo of the workshop. Followed by the inauguration he made the inaugural address which conveyed many valuable messages to the young social work aspirants. He began by appreciating the efforts made by Social Work department within and outside the campus towards social causes. He assured that the university will continue the support being given to the department in organising such programmes in the future too. The profession of social work was then critically appraised by him. He opined that social workers are social engineers and the entire society is the laboratory for social scientists and every intervention they initiate should be effective enough to bring about positive change in society. Professional skills, soft skills and life skills serve as great apparatus to social workers in bringing about interventions in societal level. He also draw parallels between Kasargod and rural India by commenting that Kasargod is a miniature of rural India and the experience gained by the social work students of central university of Kerala could be much helpful in the bigger picture as they could literally get a taste of rural social work. He wished all the very best to the newcomers and concluded by congratulating the social work department for maintaining an atmosphere of familial cordiality.

- **Getting Acquainted: Session by Mr. Prakash Amin and Ms. Prasieja Jayakumar (11:00 am to 12:00 pm)**

The newcomers were introduced to the department of social work and through this session. The session involved getting acquainted with the research scholars who were the resource persons of the workshop and also getting familiarised to the department in general and schedule of the workshop. The session also had games and other activities that aimed at building a rapport among the resource persons and the trainees.

- **Launching ASER India, Survey Project (12:00 pm to 1:00 pm)**

Annual Status of Education Report (ASER) is an annual, nationwide survey of children's ability to read simple text and do basic arithmetic that would engage ordinary citizens in finding out whether their children were learning. ASER, India conducts nation wide surveys in partnership with 500 organisations all over India and Central University has been offered the status of official partners in Kannur and Kasargod districts of Kerala. The southern region head of ASER, India Mr. Nataraj and Ms. Soumya introduced ASER project to the student community and explained how the project could pave way for better education practices in India. The ASER surveys in the past had been serving as a good database to assess the condition of education in India and even the 12<sup>th</sup> five year plan of 2012-17 has made references to ASER data. The entire ASER project is carried out in a span of 9 months in three phases viz. Planning, implementation and analysis. The volunteers from the university has the task of collecting data from 30 random villages covering 600 households sampling children between the age of 5-16 years using a standardized tool. The resource persons clarified the doubts raised by the student community and concluded by expressing the hope that the project will be fruitful with the support of volunteers from Central University of Kerala.

- **Lunch Break (1:00 pm to 2:00 pm)**

- **Knowing Each Other: Session by Dr. Mohan A K (2:00 pm to 5: 00 pm)**

This session handled by the department head Dr. Mohan A K aimed at breaking the ice between the newcomers. The session involved the first years students getting acquainted with each other through a game of memorising facts about fellow students chronologically. The session also involved games that helped the students gain insights about the basic qualities that are required for social work practice. The entire session was handled by Dr. Mohan A K and the students had all been participating in the session actively. By the end of the session all the students got familiar to each other and was able to recall everyone's names perfectly.

- **Evaluation Session by Dr. Mohan A K (5:00 pm to 5:30 pm)**

The time from 5:00 pm to 5:30 pm was spent for evaluating the effectiveness of the session of the first day of the workshop. The students were asked to evaluate how they felt about the sessions and everyone responded positively to the sessions. The general opinion was that the sessions were effective in helping them get acquainted to each other and know the department of social work better. The students also reported that the sessions had been much helpful in initiating them to the realm of social work. Day one thus ended on a positive note and the day's program was concluded to be resumed the next day morning at 10:00 am.

## **DAY 2 (20-07-2018): SESSIONS AND ACTIVITIES**

- **Energizing Games by Mr. Prakahsa Amin (10:00 am to 11:00 am)**

In order to bring the continuity and vibe of the workshop in day two an energizer session involving games was arranged by Mr. Prakash Amin. The session also involved a thought for the day presented in an innovative manner to make students understand how perceptions regarding things could shape their attitudes. The session also involved dividing the students into five groups comprising eight members each. The names of the groups were set by the group members.

- **Theatre Basics by Mr. Swasthik Korathi (11:00 am to 1:00 pm)**

The session involved inducting the students to the fundamentals of theatrics. The session involved practical sessions on how theatre arts could be performed skillfully. The trainer performed different roles and made the trainees understand the importance of voice modulation, eye contact, postures, gestures, body language, expressions etc. in theatre. Once the demonstration was over the trainer asked each of the trainees to perform characters that would fit in the context of theatre performance. The performance could help the trainees to overcome inhibitions and understand the basics of theatre arts. It could help them in identifying the factors essential to make a theatre art effective. It also provided lessons on role of costumes and props and stage utilization in theatre performances.

- **Game Session by Mr. Prakasha Amin (2:00 pm to 2:30 pm)**

The afternoon session of day two began with a session of games to make the trainees active. The session was handled by Mr. Prakasha Amin. The session involved a group game in which the group members were asked to pass playing cards and the first group to finish the task was declared the winner. The game made the trainees feel active and ready for the upcoming sessions.

- **Act Out (Skit on given topic) by Mr. Austin Sinesh Das (2:00 pm to 4:00 pm)**

This session handled by Mr. Austin Sinesh Das included providing the trainees with information regarding performing skits successfully. The session began with an orientation about skit by the trainer. Once the orientation was given an opportunity was given to the trainees in group wise to perform on particular topics. The topics given to perform were freshers' day performed by team SRA, typical marriage arrangement performed by team Umiam, a government office performed by team Dora, a movie audition by tam Rose and a bus stand by team Butterfly. All the teams performed well and at the end of the session the judges - Mr. Prakasha Amin and Mr. Swasthik Korathi evaluated the sessions. They appraised the strengths of the skits and also pointed out the shortcomings so that the performance could be bettered in future performances. Team SRA was the best performer with maximum points in all the areas of evaluation viz. Coordination, theme presentation and performance. The session was much helpful in making the trainees confident about their ability to perform in skits.



- **Theatre Exercise by Mr. Swasthik Korathi (4: 00 pm to 5: 00 pm)**

The session involved vocal and physical exercises that could help the trainees to be fit for theatre performance. The session was handled by Mr. Swasthik Korathi who demonstrated various theatre exercises to the trainees and made them perform the same. The intention of the session was to make the trainees physically prepared to theatre situations and help them understand the physical requirements of theatre performance.

- **Evaluation Session by Dr. Jilly John ( 5:00 pm to 5:30 pm)**

The final half hours of the day was spent for evaluating the effectiveness of the sessions of the day. Dr. Jilly John discussed the proceedings of the day with the trainees and gathered their opinion. She also made an effort to familiarize the students with the general functioning of social work profession and education. Groups leaders were given opportunity to provide inputs to the workshop proceedings in the upcoming days. The leaders were happy to share their experience and the day wended up an instruction session by Dr. Mohan A K.

### **DAY III (23-07-2018): SESSIONS AND ACTIVITIES**

- **Theatre Exercise by Mr. Prakasha Amin and Mr. Austin Sinesh Das (10:30 am to 11: 30 am)**

The third day of the workshop commenced with theatre exercises lead by Mr. Prakasha Amin and Austin Sinesh Das. It involved the basic exercises that helped the trainees to sharpen the skills in gesture, postures and other necessities required to perform well in theatre.

- **Street Play in Social Work by Mr. Prakasha Amin (10: 30 am to 12: 00 am)**

The session involved training sessions on fundamentals of street play and its role in social work at community level. The first portion of the session involved providing inputs to the trainees regarding the need and necessity of street work followed by practical inputs like playing a portion of sample street plays and making the trainees perform. The second part of the theatre involved

performance of street plays by different groups in order to help the trainees identify their strengths and areas to be improved. The session concluded by an evaluation session by Mr. Prakasha Amin assessing the effectiveness of the street plays.

- **Music and Songs for Theatre by Mr. Swasthik Korathi (12: 00 pm to 1: 00 pm)**

The session on music and songs in theatre arts was intended at providing an orientation to students regarding the effective use of music and songs to capture audience and convey the message. The session helped the students to overcome inhibitions and perform the basic music and songs required for theatre. Besides the idea of using music to convey messages was also accepted by the trainees. The role of music in theatre arts is more than mere entertainment but to convey messages which in turn makes rhythm and harmony more important than sweetness as far as theatre music is concerned.

- **Lunch Break (1: 00 pm to 2: 00 pm)**

- **Session on Flash Mob by Mr. Anoop C Choolayil and Mr. Jayachandran M R ( 2: 00 pm to 3: 30 pm)**

The session on flash mob was intended to introduce the use of flash mob to convey socially relevant messages to the general public. The session involved an inculcation of some basic ideas regarding flash mob by Mr. Anoop C Choolayil. Flash mobs should satisfy three conditions of drawing the attention, retention of attention and conveying the message to the general public. Once the basic idea regarding flash mob was given and basics of choreography was taught, each groups were asked to perform a flash mob in the context of World Nature Protection day. The trainees performed the task with great creativity and was successful in conveying the message too.

- **Script Writing for Street Play by Mr. Swasthik Korathi and Mr. Prakasha Amin (3: 30 pm to 5: 00 pm)**

This session involved imparting ideas on script writing. The session had an two parts; the first part involved giving basic ideas about the requirements of a good script; how the story should evolve, how important the gestures, postures, voice modulation, dialogue delivery etc. are to a street play. The second part involved giving practical orientation to the trainees by assisting them in writing scripts for street play. Each groups were given specific topics on which they were asked script. The same script was decided to be used for the street play performance the in the final day of the workshop.

- **Evaluation Session by Dr. Mohan A K (5: 00 pm to 5: 30 pm)**

The evaluation session of the day was done in the presence of Dr. Mohan A K. The session was held with the purpose of improvising the workshop with inputs from students so as to improve the sessions in the upcoming days. With the evaluation the day concluded.

#### **DAY IV (24-07-2018): SESSIONS AND ACTIVITIES**

- **10: 00 am to 12: 00 pm: Inauguration of Chattampi Swami Chair**
- **Session on Street Play by Mr. Swasthik Korathi and Mr. Prakasha Amin (2:00 pm to 5:00 pm)**

The session on street play was intended at helping the trainees to gain knowledge, confidence and techniques in street play. The session involved basic training regarding the nature of street play, how it could effectively be utilised for communicating messages to society effectively. The session also involved lessons on writing scripts for street plays. The trainees were given opportunity to perform different roles that are common or frequent in most street plays. The session was much helpful for the trainees to understand the fundamentals of street play performance and also provided them the basic understanding about organising a street play successfully. The trainers also assigned the trainees to write scripts on five themes. The task was assigned to five groups and they were asked to rehearse and perform the same in the afternoon session of the next day after taking inputs from the trainers.

- **Evaluation Session by Dr. Dileep Diwakar (5: 00 pm to 5: 30 pm)**

The day was concluded with an evaluation session under Dr. Dileep Diwakar where the trainees were given an opportunity to share their opinions and inputs. Dr. Dileep Diwakar made the trainees to share their expectations about social work profession and also gave an orientation about social work in general after the evaluation.

### **DAY V (24-07-2018): SESSIONS AND ACTIVITIES**

- **Street Play Rehearsal Session (10: 00 am to 1: 00 pm)**

The trainees were asked to rehearse the street play so that they could perform it in the afternoon session of the day. The trainees were given freedom to practice at their will and was given assistance and tips in improving the performance by the trainers.

- **Concluding Session (2: 00 pm to 5: 30 pm)**

The concluding session of the workshop was organised by the trainees themselves as per the instructions of the trainers so that they could learn to organise events successfully. The session started with a welcome speech by Ms. Gauri Suresh (first year MSW student). It was followed by felicitations by Dr. Dileep Diwakar, Dr. Laxmi Puthran and Mr. Ramanand Kodoth (faculties, Social Work Department, Central University of Kerala). The faculties appreciated the trainees for their effort and sincere participation in throughout the workshop. The session included five street play performance by the trainees in groups on themes given the trainers the previous day. The themes included Swaach Bharat, Girl Child discrimination, Child abuse, Drug abuse and Mental health. The performance was made in an open space in front of Teaching Block I. The performances could draw audience from other departments in the university. Faculties and students from other departments appreciated the performance of the trainees. Once the street plays were done the trainees gathered again to continue the concluding session. The trainers appraised the performance of the trainees and appreciated their zeal and interest in making programs successful. Representatives from each group shared their experience and how the workshop helped them to learn more about street theatre and how the workshop groomed their skill and created a bonding between the students. The session concluded with vote of thanks by a student representative and with the same the five days workshop successfully winded up.

## Attendance List

### Department of Social Work- PG students first semester

Sl. No.	Reg.No.	Name of students	Contact no.	Email.Id
1	SSW051801	Abdul Rashid M	8086301701	<a href="mailto:rkuyval@gmail.com">rkuyval@gmail.com</a>
2	SSW051802	Abhina V	7558986621	<a href="mailto:abhinavayalil@gmail.com">abhinavayalil@gmail.com</a>
3	SSW051803	Amrutha A P	8943139639	<a href="mailto:apamrtha@gmail.com">apamrtha@gmail.com</a>
4	SSW051804	Anisha S Babu	9446384571	<a href="mailto:anilanisha95@gmail.com">anilanisha95@gmail.com</a>
5	SSW051805	Arathi C P	8086131671	<a href="mailto:arathiperumanna@gmail.com">arathiperumanna@gmail.com</a>
6	SSW051806	Ashir M	9745197088	<a href="mailto:ashirm665@gmail.com">ashirm665@gmail.com</a>
7	SSW051807	Ashwathi A	9061668814	<a href="mailto:ashwathianair86@gmail.com">ashwathianair86@gmail.com</a>
8	SSW051808	Aswathi P	9048460325	<a href="mailto:aswathikunnuru@gmail.com">aswathikunnuru@gmail.com</a>
9	SSW051809	Athira G Abhilash	9188674710	<a href="mailto:athirarajeev@gmail.com">athirarajeev@gmail.com</a>
10	SSW051810	Augustine Benny	9526846640	<a href="mailto:agustinebenny@gmail.com">agustinebenny@gmail.com</a>
11	SSW051811	Darsana P Nair	9539489726	<a href="mailto:darsanasarvan22@gmail.com">darsanasarvan22@gmail.com</a>
12	SSW051812	Faris N	9400614302	<a href="mailto:farisn490@gmail.com">farisn490@gmail.com</a>
13	SSW051813	Fasmina P C	8606593595	<a href="mailto:fasmipc1997@gmail.com">fasmipc1997@gmail.com</a>
14	SSW051814	Maneesha C V	9446774885	<a href="mailto:maneeshachinju26@gmail.com">maneeshachinju26@gmail.com</a>
15	SSW051815	Megha K	9544747199	<a href="mailto:meghakpallikkara@gmail.com">meghakpallikkara@gmail.com</a>
16	SSW051816	Moosad Gauri Sureshkumar	8078228541	<a href="mailto:gaurips97@gmail.com">gaurips97@gmail.com</a>
17	SSW051817	Muhammed Ajmal P	9539987222	<a href="mailto:rthuorfalis@gmail.com">rthuorfalis@gmail.com</a>
18	SSW051818	Muneera K	9656670649	<a href="mailto:muneeralatheefl@gmail.com">muneeralatheefl@gmail.com</a>
19	SSW051819	Muhsina Jamal	9048556189	<a href="mailto:muhsinajamal189@gmail.com">muhsinajamal189@gmail.com</a>
20	SSW051820	Rajeswari C E	9400721540	<a href="mailto:rajeswariedamana@gmail.com">rajeswariedamana@gmail.com</a>
21	SSW051821	Ranjitha M	9744057995	<a href="mailto:ranjitham254@gmail.com">ranjitham254@gmail.com</a>
22	SSW051822	Sachin S K	9526785922	<a href="mailto:sachienkumble9@gmail.com">sachienkumble9@gmail.com</a>
23	SSW051823	Safreen Fayas	9847638001	<a href="mailto:safreenfayas235@gmail.com">safreenfayas235@gmail.com</a>
24	SSW051824	Sahana B	9048822121	<a href="mailto:sunnybrdk@gmail.com">sunnybrdk@gmail.com</a>
25	SSW051825	Sarun Marunnoli	9605419601	<a href="mailto:sarun.marunnoli@gmail.com">sarun.marunnoli@gmail.com</a>
26	SSW051826	Shafeeque	8943946573	<a href="mailto:shafeequevadakara2@gmail.com">shafeequevadakara2@gmail.com</a>
27	SSW051827	Shahana Sanam M P	8078034017	<a href="mailto:shahanasanam1923@gmail.com">shahanasanam1923@gmail.com</a>
28	SSW051828	Shihabudheen N	9544886456	<a href="mailto:shihabklykd@gmail.com">shihabklykd@gmail.com</a>
29	SSW051829	Sneha Mohan A	9526973193	<a href="mailto:snehaaasne@gmail.com">snehaaasne@gmail.com</a>
30	SSW051830	Snehasudha P P	9496633048	<a href="mailto:snehasudhanambiar@gmail.com">snehasudhanambiar@gmail.com</a>
31	SSW051831	Soumya A S	9188575453	<a href="mailto:soumyaas770@gmail.com">soumyaas770@gmail.com</a>
32	SSW051832	Sreelakshmi S	9847415272	<a href="mailto:lachu.sree1996@gmail.com">lachu.sree1996@gmail.com</a>
33	SSW051833	Sreelekshmi B S	8137005229	<a href="mailto:sreelekshmibs2013@gmail.com">sreelekshmibs2013@gmail.com</a>
34	SSW051834	Swathi	8921585720	<a href="mailto:swathiksd246@gmail.com">swathiksd246@gmail.com</a>

35	SSW051835	Swetha N M	9048584691	<a href="mailto:swethanm1997@gmail.com">swethanm1997@gmail.com</a>
36	SSW051836	Vanucia Nongbsap	8794528220	<a href="mailto:vanucianongbsap12@gmail.com">vanucianongbsap12@gmail.com</a>
37	SSW051837	Vinaya Vasu	9605652628	<a href="mailto:vinaya629@gmail.com">vinaya629@gmail.com</a>
38	SSW051838	Vishnu C	9567466703	<a href="mailto:vishnukazrod@gmail.com">vishnukazrod@gmail.com</a>
39	SSW051839	Vivek V V	9961622160	<a href="mailto:vivekthambankhd@gmail.com">vivekthambankhd@gmail.com</a>
40	SSW051840	Yakoob K	9946904851	<a href="mailto:kyakoob1997@gmail.com">kyakoob1997@gmail.com</a>