

## **DEPARTMENT OF MANAGEMENT STUDIES**

CENTRAL UNIVERSITY OF KERALA

## **Value Added Course**

Course Nature: Skill Based Course				
Course Code:MBG5 501	Course Title: LEADERSHIP SKILLS			
Credit: 0	Total Course Hours: 30			
Course offered for: All students of Central University of Kerala	Acceptance of course : First-come-first-served basis registration			
Platform: Google meet	Maximum number of Students: <b>70</b> (Batch size)			
Total Marks : <b>50</b> (Internal 20 + External 30)				

Course Registration Link (Google Form Link): https://forms.gle/r8D6VfVu4Mvu6yPPA

Course start date: 22 September 2021

Deadline for registration: 20 September 2021

(Wednesday)

(Monday)

### **Course Objectives**

The course enables aspiring managers to be more effective leaders in organizations through an understanding and practice of essential skills such as developing personal strengths, powerful communication, problem solving, managing process, goal achievement, conflict resolution, and win-win negotiations.

#### **Course Outcomes**

- Identify one's talents, how to develop them as strengths, and link them to the work of the leader.
- Develop the behavioural skills and emotional intelligence related to effective leadership.

- Learn the strategies to manage the performance a team through coaching and mentoring
- Equip the ways to negotiate effectively and successfully manage conflicts in organisations

	Course content				
Module No.	Topics				
1	<b>Leadership</b> – Definition – Characteristics of Leadership – Qualities of an ideal leader- Leadership traits - Types of leaders - Leader Vs Manager - Personal skills for effective leadership-				
2	<b>Leadership theories</b> –Great Man theory of leadership – contingency theory – situational theory – Behavioural theory – participative theory – relationship theory – Management theory	6			
3	<b>Leadership Models for a powerful leader</b> - sources of motivation- emotional intelligence and its significance - Significance of communication skills for work life and leadership.	6			
4	Skills for leadership and performance management: Goal setting-support of employee development - organisational behaviour and Communication of feedback -360-degree feedback- Coaching and mentoring- Ethics in Leadership - Leader and Values	6			
5	<b>Team management and Conflict Resolution skills</b> -Group structure and dynamics-Formation of teams and team work- Group problem-solving — Conflict management- Negotiating skills-Need for empathy by Leaders.	6			
Suggested Literature					

#### Suggested Literature

- 1. Buckingham, M. (2007). Go put your strengths to work. New York: Free Press.
- 2. Cameron, K. S. (2008). Positive leadership: Strategies for extraordinary performance. San Francisco: Berrett-Koehler Publishers.
- 3. Deborah Smith Pegues (2020), Lead Like a Woman: Gain Confidence, Navigate Obstacles, Empower Others.
- 4. Eikenberry, K. (2007). Remarkable leadership: Unleashing your leadership potential one skill at a time.
- 5. Kotter, J. (1990) What Leaders Really Do Kotter, J. Harvard Business Review May/June

- 6. Jemma Roedel. (2021), 9 Essential Skills for New Female Leaders in Business and the Workplace. How to Influence Teams Effectively and Combat Imposter Syndrome.
- 7. John C Maxwell (2020), Becoming a Person of Influence: How to Positively Impact the lives of others.
- 8. John C Maxwell, (2017), Developing the Leader Within You Journey To Leadership
- 9. San Francisco: JosseyBass. Trent, J., & Cox, R. (2006). Leading from your strengths participant guide. Nashville, TN: Randall House. (See professor for details)
- 10. Steven R.Covey. The 7 Habits of Highly Effective People
- 11. Yukl, G. (2013) Leadership In Organizations Pearson

# CENTRAL UNIVERSITY OF KERALA

## **DEPARTMENT OF MANAGEMENT STUDIES- LIST OF STUDENTS ENROLLED FOR VALUE ADDED COURSE- LEADERSHIP SKILL!**

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TIME TABLE							
VALUE ADDED COURSE-LEADERSHIP SKILLS							
SI No	Date	Day	Time	Faculty			
1	28/09/2021	Tuesday	3:00 PM to 4:30 PM	Ms. Shamla			
2	30/09/2021	Thursday	3:00 PM to 4:30 PM	Ms. Shamla			
3	10-01-2021	Friday	3:00 PM to 4:30 PM	Ms. Shamla			
4	10-04-2021	Monday	3:00 PM to 4:30 PM	Ms. Lakshmi			
5	10-06-2021	Wednesday	3:00 PM to 4:30 PM	Ms. Lakshmi			
6	10-08-2021	Friday	3:00 PM to 4:30 PM	Ms. Lakshmi			
7	10-11-2021	Monday	3:00 PM to 4:30 PM	Ms. Soumya			
8	13/10/2021	Wednesday	3:00 PM to 4:30 PM	Ms. Soumya			
9	15/10/2021	Friday	3:00 PM to 4:30 PM	Ms. Soumya			
10	18/10/2021	Monday	3:00 PM to 4:30 PM	Mr.Nayeef			
11	20/10/2021	Wednesday	2:00PM TO 3:15 PM	Mr.Nayeef			
12	22/10/2021	Friday	2:00PM TO 3:15 PM	Mr.Nayeef			
13	25/10/2021	Monday	2:00PM TO 3:15 PM	Ms. Arunima			
14	11-01-2021	Monday	2:00PM TO 3:15 PM	Ms. Arunima			
15	11-03-2021	Wednesday	2:00PM TO 3:15 PM	Ms. Arunima			
16	11-05-2021	Friday	2:00PM TO 3:15 PM	Pro.V.Balachandran			