



**DEPARTMENT OF COMPUTER SCIENCE
CENTRAL UNIVERSITY OF KERALA**

Lecture on

STRESS MANAGEMENT

12 October 2017

Key Note Speaker : Ms Ayisha Samiya

IELTS Trainer

Western Connexions International

Kanhangad

Venue : Seminar Hall, Periyar

Time : 10 AM - 12:30 PM

Convener & Organizing Secretary

Dr. T. M. Thasleema

Supporting Staff

Fasil O K

Adithya V

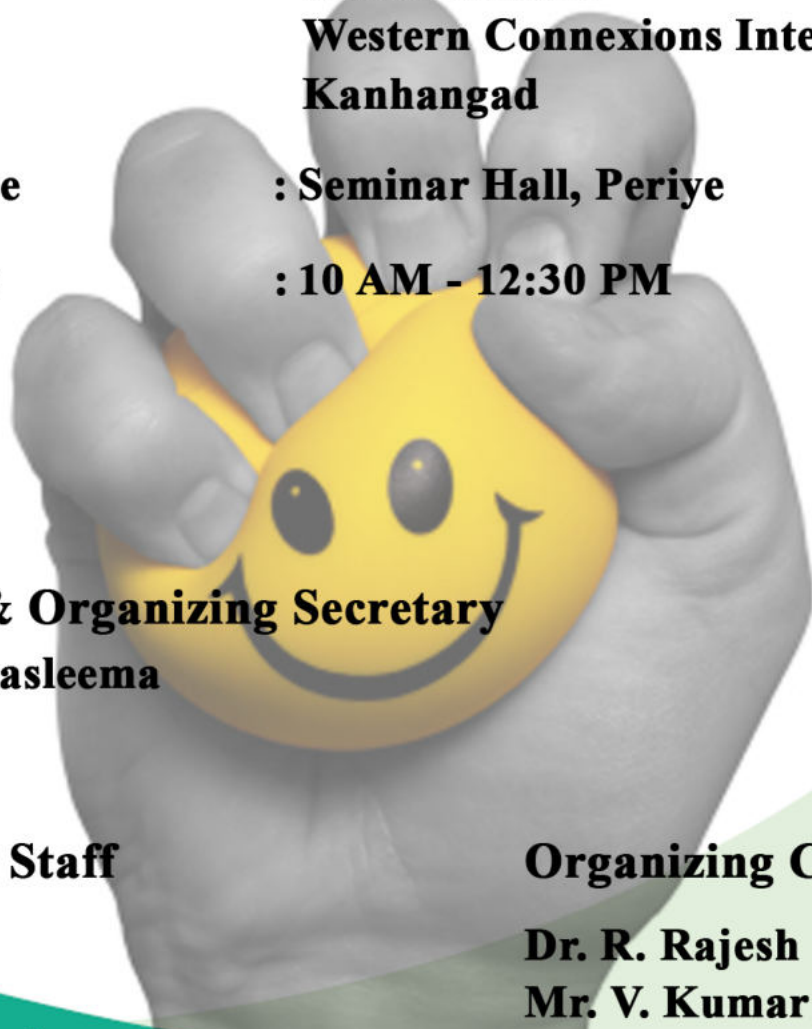
Shabina Bhasker

Organizing Committee

Dr. R. Rajesh

Mr. V. Kumar

Dr. Manohar Naik S



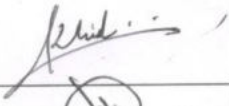
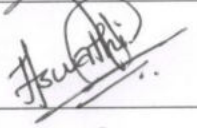
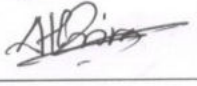
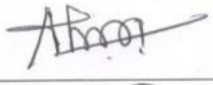


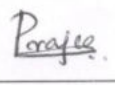


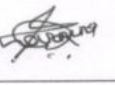

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Name	Department	Signature	Feedback
Akhil Ratheesh	computer science		Good
Aswathi Reman	"		Good
Atbira. J	"		Good
Atbira. k.v	"		Average
Atbira.T	"		Good
Haritha. v.k	"		medium
Prajectha.P	"		interesting
Panitha. A	"		Good
Rukhigath Suhaila.CM	"		inspired
Shameem Sharmila CH	"		Good
Atbira. K	"		Good

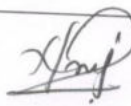
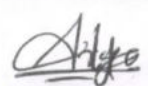
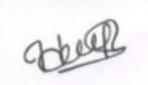

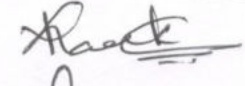
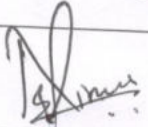





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Name	Department	Signature	Feedback
Nancy Mariya Jose	CS		Good
Kaya Gangaadharam	"		Average
Haritha Balakrishnan	"		Good
Shibina B	"		Good
Malavika V	"		Good
Nimisha	"		Good
Amrutha U.K.	"		Good
Abhiswathi Mahan	"		Good
Fathimath Rizwana T T	"		Good
Kadeejath Ashfa A.R	"		Good
Midhanraj T	"		Good

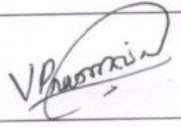

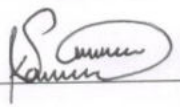

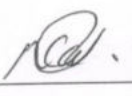


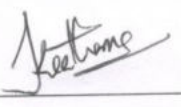
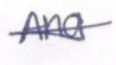
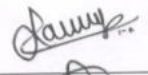
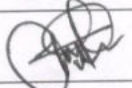
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Name	Department	Signature	Feedback
Pramav.e	C.S		Good
Rijesh.G	CS		Good
Samuel.K.M	CS		Good
M.Madhussudhan	CS		Good
Nayanthara.P.R	CS		Good
Shilpa.k	computer science		Good
Keerthana.M	Computer science		Good
Keerthana Raveenthan	Computer Science		Average
Anaswara.k	CS		Good
Javange.k	CS		Good
Fasil. OK	CS		Good



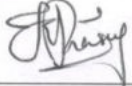
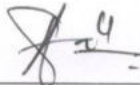
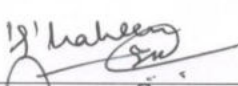





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Name	Department	Signature	Feedback
Adithya V	CS		Good
Shabina Bhaskar	CS		Good
Prasieja Jk	Social Work		Good
Alkhila K.P	Phd Socialwork		Good
Shaheen Kader	C-S		Good
Muhammad Anshad	C.S		Excellent
Juneel Saij	C.S		Good
Sanoop kodinhan	CS		Good
Praveena MR	CS		Good
Sreedesh-V	IT Section		Good

Total : 43

Program Invitation - Stress Management

1 message

rajesh r <rajeshr@cukerala.ac.in>

Wed, Oct 11, 2017 at 12:26 PM

To: Faculty CUKerala <faculty@cukerala.ac.in>, HoD CUK <HoD@cukerala.ac.in>, "Prof. Gopa Kumar Kumar" <ggkumar@gmail.com>, registrar CUKerala <registrar@cukerala.ac.in>, Dean CUK <dean@cukerala.ac.in>, prasanna kumar-fo <brprasannakumar@cukerala.ac.in>, controller examinations <ce@cukerala.ac.in>, Contoller of Examinations CUKerala <contollercukerala@gmail.com>, Sreelesh V <sreeleshv@gmail.com>

Dear Sir/Madam,

Greetings !!!

Department of Computer Science, Central University of Kerala is organizing a lecture on Stress Management at Seminar Hall, Periya. The speaker is Ms. Ayisha Samiya, IELTS Trainer, Western Connexions International.

All are cordially invited for the program. I request all the heads to depute a maximum of 5 scholars/students for the same.

with thanks and kind regards,

Rajesh R.



Stress.png
12504K

**Report on Lecture on
Stress Management (12 – 10 – 2017)**

Department of Computer Science, Central University of Kerala, Periyar Campus, Kasaragod, Kerala organized a lecture on Stress Management funded by Central University of Kerala.

The workshop was inaugurated by the Department Head Dr R Rajesh on 12-10-2017 at 10.00 a.m. All the faculty members of the Department of Computer Science and the students of the department along with two others within CUK were present. The function was started by prayer, presided by Dr. R Rajesh, Head, of the Department, Department of Computer Science. Dr. Thasleema T M, Assistant Professor, Department of Computer Science introduced the guest to audience. Formally the function was concluded by rendering vote of thanks by Mr. Muchina Samuel, student of the Department of Computer Science.

The program was really effective by the presentation of the speaker and all the participants enjoyed it in a well manner. From the feedback it is suggested by almost all participants that such program should be conducted for all within the campus including faculties and non-teaching staff.

