A report on Skill Development Programme on "Ageing and Alzheimer's disease & release of "Active Ageing: dynamics of Post-Modern era"- 17-10-2019

Department of Social Work, School of Social Sciences, Central University of Kerala, Tejawini Hills, Periye, Kasaragod

A public lecture on "Ageing and Alzheimer's Disease" and a book release ceremony of "Active Ageing: Dynamics for Post Modern Era" was conducted on 17th October 2019, at 10:30 am in Narmada hall by Centre for Gerontology, Department of Social Work, Central University of Kerala.

The programme commenced with the book release ceremony. Dr Mohan A K, Head, Department of Social Work, presided over the function. Honourable Vice Chancellor, Prof.(Dr.) G Gopakumar graced the occasion with his presence and inaugurated the programme by releasing the book. Dr Laxmi, Coordinator of Centre for Gerontology addressed the gathering and drew participants attention towards the role of youth in making a change in an elderly individuals life starting from home. Dr Mohan A K, delivered the presidential address and emphasized the role of Social Workers in supporting the individuals with Alzheimer's through ensuring the active ageing.



Inauguration of "public lecture and book release ceremony"



Book released by chief guest Honourable Vice Chancellor, Prof.(Dr.) G Gopakumar.

The honourable vice chancellor complimented the authors of the book, Dr Laxmi and Dr Mohan A K and said it was well composed, lucid and indispensable academic work of active ageing, relevant to the present times. Commenting on the book Honourable Vice Chancellor revealed that as an elderly he himself is following active ageing in daily basis. Further, he concluded by applauding the multifaceted collection and scientific rigour of the papers in the book. The address of the Honourable Vice chancellor was followed by the release of the book.



Subsequently, Dr Joseph Koyippally, Associate Professor of Department of English articulated the content of the book. Dr Joseph commented on the genuineness and

relevance of the papers of the book. He also shared the essence of each chapter and analysed critically the subject matter in relation with the present era.

After the grand book release ceremony, public lecture was conducted on the theme "Ageing and Alzheimers" by Mr Prasad M, Gopal, Consultant, Dementia Project, Magics Foundation. The purpose of the public lecture was to raise awareness among the youth in engaging and promoting the acceptance and knowledge on Alzheimer's and how active ageing can mitigate the onset of the disease. Participants were given opportunity to clear the doubts regarding Alzheimer's and Active Ageing with the resource person. The days programme was formally concluded by Mr Ashir M, MSW student delivering the vote of thanks.