



Jointly organised by



CENTRAL UNIVERSITY OF KERALA
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BRUNEL UNIVERSITY LONDON UK

Global human population is ageing steadily. It is estimated that by 2050, 1 in 5 people will be 60 years or older and their number is going to double. A significant proportion (i.e. 80%) of this elderly population will be living in low-and middle-income countries (such as India). Therefore, it is important for these countries to plan and implement healthy ageing societies.

This conference will focus on two important themes. It will discuss on the increasing health and non-health challenges affecting healthy ageing as well as discuss on the important role of digital health technologies, economics and friendly policies and practices contributing to healthy ageing globally.

The conference gives an opportunity to learn from internationally acclaimed speakers across academia, government and industry and allows students, scholars, researchers, academicians, and practitioners to present their work in the area of healthy ageing.

CONFERENCE THEMES

Theme - 1: Challenges of Healthy Ageing

- Chronic diseases
- Mental health
- Behaviour dimension and nutrition
- Built environment and other challenges

Theme - 2: Policy and Practice of Healthy Ageing

- Digital health and innovations
- Economics

Prof. Christina Victor, Vice Dean – Research and Leader, Ageing Studies Research Theme, College of Health and Life Sciences, Brunel University London, UK

2. **Ms. Sujaya Krishnan**, Former Joint Secretary to Govt. of India (Retd.)

3. **Prof. Irudaya Rajan S**, Professor, Centre for Development Studies, Thiruvananthapuram

4. **Sbri Biju Mathew**, Director & State Head (Kerala), HelpAge India

5. **Dr. Bipin Gopal**, State Nodal Officer, NCD, Govt. of Kerala, Thiruvananthapuram

Speakers from other reputed regional and international organisations may also be invited

IMPORTANT DATES

Call for abstracts
10 January, 2020

Last date of abstract submission
30 January, 2020

Communication of selected abstracts
5 February, 2020

Last date of Early bird registration
7 February, 2020

Deadline to submit PPT deck
10 February, 2020

Full paper of selected abstract is expected within two weeks post conference for publication in conference proceedings.

WHO CAN PARTICIPATE?

The conference is open to graduate and post-graduate students, PhD and post-doc scholars, faculty members, researchers from academia and



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INTERNATIONAL CONFERENCE ON THE “FUTURE OF HEALTHY AGEING: POLICY AND PRACTICE FOR A DECADE AND BEYOND”

Date: 13-14th February, 2020

Venue: Seminar Hall, Sabarmathi block, Central University of Kerala

PROGRAMME SCHEDULE

DAY 1 (February 13th 2020)		
Registration	9.00- 9.30am Registration	In charge: Prakash Babu Kodali, CUK & Jayalakshmi Rajeev, CUK
Introduction & Inauguration 9.30-10.30	Inaugural programme	Elezebeth Mathews, CUK & Michael Joseph, Brunel University
10.30 -10.45am	Tea/Coffee break	
Key note address 10.45-11.30	Topic: <i>Healthy Ageing – Challenges and Opportunities for a Decade and Beyond</i>	Prof. (Dr) Christina Victor, Vice Dean Research, Brunel University London
11.30-1.00 pm		
Oral Presentation Track- Chronic diseases Behavioural Health, Nutrition & Ageing Chairperson : Prof. K R Thankappan, Professor, Central University of Kerala Facilitator: Dr. Sibasis Hense, Assistant Professor, Central University of Kerala		
11.35-11.45am	Self -Reported Hypertension Prevalence and its economic hardship among elderly population in India.	Dr. Veena KP, Central University of Kerala
11.45-11.55am	Cancer incidence among elderly with a specific reference to oral cavity cancer: A study of population based cancer registries in	Dr Phinse Mappalakayil Philip Achutha Menon Centre for Health Science Studies, SCTIMST



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	India	
11.56-12.06PM	Prevalence of peripheral arterial diseases and factors associated among elderly having type 2 diabetics for more than 5 years.	Nija MA, Amrita Institute of Medical Sciences
12.07-12.17pm	High Prevalence of Geriatric Oral Mucosal Lesions – Time to Translate Knowledge into Solutions	Dr. Dimla Denny, Government Dental College, Thrissur
12.18-12.28pm	Prevalence of Diabetic peripheral neuropathy and its associated factors among elderly having Type II diabetes in Ernakulam district, Kerala.	Basil Saju, Amritha Institute of Medical Sciences
12.29-12.39pm	Functional limitations, morbidity and health expenditure among elderly: cross-sectional analysis of LASI Pilot survey, 2010.	Naveen Kumar Pulicherla, Central University of Kerala
12.40-12.50pm	Pattern Of Malignancy Among Elderly Population Above 60 Years Of Age	Kavya KR, Amritha Institute of Medical Sciences
12.50-1.00pm	Validity and Concordance of Self-Reported Diabetes among the Elderly	Rehna C Mohamed, Amritha Institute of Medical Sciences
1.00-2.00 pm	Lunch	
2.00-2.20pm	Key note address: Demographics and Economics of Ageing in the context of Kerala	Dr. Irudaya Rajan, Professor, Centre for Development Studies, Trivandrum
2.20-2.30pm		
Oral Presentation Track- Economics of Ageing Chairperson : Prof. (Dr.) Irudaya Rajan, Professor, Centre for Development Studies, Trivandrum Facilitator: Prakash Babu Kodali, Assistant Professor, Central University of Kerala		
2.20-2.30pm	Ageing and the Rising Burden of Healthcare among Households in India	Mr. Aboobecker, Institute of Social and Economic Change
2.30-3.30 pm		
Oral Presentation: Track- Mental Health Chairperson : Ms. Sujaya Krishnan, Former Joint Secretary to Govt of India (Rtd)		



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Facilitator: Dr. Elezabeth Mathews, Assistant Professor, Central University of Kerala		
2.35-2.45pm	Intimate Partner Violence in Older Adults – Risk, Protective Factors and Mental health Concern	Mr. Fasalu Rahman, Tata Institute of Social Sciences
2.45-2.55pm	Psychological Stress and Economic Dependency among Elderly Widows of Dharmadam Panchayat:	Remitha KT, Kannur University
2.55-3.05pm	Yoga: A Strategy For Healthy Ageing	Dr. Subramanya Pailoor, Central University of Kerala
3.05-3.15pm	Understanding the Mental Health among Older Indian Adults: Findings from the Longitudinal Ageing Study in India.	Arpit Singh, Central University of Kerala
3.15-3.25pm	Perspective on death and dying and its influence on Quality of life among elderly in Kerala.	Julie Abraham, Central University of Kerala
3.30-3.45pm	Tea break	
3.45- 4.30pm	Age friendly initiatives for Healthy Ageing (A practical dialogue)	Main Speaker : Mr.Biju Mathew, Director, Kerala State Help Age India Pannelist: Ms. Sujaya Krishnan, Former Joint Secretary to Govt of India (Rtd) Moderator: Ms Oshin Grace Daniell, SubEditor, The Week
4.30-5.30 pm Oral Presentation Track- Chronic Disease Chairperson : Dr. Irudaya Rajan, Professor, Centre for Development Studies, Trivandrum Facilitator: Prakash Babu Kodali, Assistant Professor, Central University of Kerala		
4.30-4.40pm	Socioeconomic Status And prevalence of Diabetes In Elderly	Indu C, Amritha Institute of Medical Sciences
4.40-4.50pm	Glycemic Control and Determinants Of Diabetics	Vaishnavy S Vinod, Amritha Institute of Medical Sciences



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	Among Elderly	
4.50-5.00pm	Gender Difference in Glycemic Levels in Elderly of Age Above 60 Years	Sruthy Susan John, Amritha Institute of Medical Sciences
5.00-5.10pm	Prevalence and Factors Associated with Hypertension in Elderly	Sherin Jacob, Amritha Institute of Medical Sciences
5.10-5.20pm	Prevalence pattern of retinal changes among elderly (above 60 years) having type 2 diabetes for more than 5 years	Dr. E Rajashree Bhagyanath, Amritha Institute of Medical Sciences
5.20-5.30pm	Determinants of Dyslipidemia among Elderly, a Cross Sectional Study in Central Kerala	Namitha S.K, Amritha Institute of Medical Sciences
5.30-5.45pm	Announcements	
DAY 2 (February 14th 2020)		
Key Note address 9.30- 10.15 am	Topic: <i>Policy and Practice for Healthy Ageing</i>	Ms. Sujaya Krishnan, Former Joint Secretary (Rtd), Ministry of Health & Family Welfare , Government of India
10.15-10.30 am	Tea break	
10.30- 11.1am Oral Presentation Track- Digital Health and Innovations for Healthy Ageing Chairperson: Dr. Michael Joseph, Brunel University London Facilitator: Dr. Sibasis Hense, Assistant Professor, Central University of Kerala		
10.30-10.40 am	Profile of Medico-legal Cases among Elderly attending Emergency Department of a Tertiary Hospital, Puducherry – A Hospital Based Cross-sectional Study	Dr Swaroop Kumar Sahu, JIPMER
10.40-10.50 am	Sensitization to counter vaccine hesitancy in Malappuram among grandparents: Role of the New MobileApp- Pradhirodh-	Jinbert Lordson, Global Institute of Public Health, Ananthapuri Hospitals and Research Institute



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	The VaxApp	
10.50-11.00 am	Digital Meets Disease: A case study of the LifeNet International digital application in Strengthening NCD care in Uganda	Jonathan Nsamba, Central University of Kerala
11.00-11.10 am	Efficiency and acceptability of robots in elderly care- A review	Anjaly Joseph, Central University of Kerala
11.10-11.15 am	Discussion	
11.15- 11.45am Oral Presentation Track- Behavioural Dimension, Nutrition and Aging Chairperson: Dr. K R Thankappan, Professor, Central University of Kerala Facilitator: Prakash Babu Kodali, Assistant Professor, Central University of Kerala		
11.15-11.25am	A review on the prevalence of malnutrition among elderly Indians.	Dr. Jeena BP, Central University of Kerala
11.25-11.35am	Tobacco Cessation behaviour among elderly – a secondary analysis of Global Adult Tobacco Survey- 2, India	Banashri Haloi, Central University of Kerala
11.45- 12.30pm Oral Presentation Track- Service Delivery for Healthy Ageing – Policy and Practice Chairperson: Prof. (Dr) Christina Victor, Vice Dean Research, Brunel University London Facilitator: Jayalakshmi Rajeev, Assistant Professor, Central University of Kerala		
11.45-11.55am	Feasibility, suitability and effectiveness of community-based healthcare programmes for the elderly in the low-income countries	Gangadhar Rao Kalapala, Tata Institute of Social Sciences
11.55-12.05pm	Insurance coverage and Public health care service utilization	Dr. Rahana K, Central University of Kerala



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	among elderly: A comparative study of Kerala and Rajasthan.	
12.05-12.15pm	A narrative review on the effectiveness and the need for community-based services among elderly in India.	MA Sandhya Rani, Central University of Kerala
12.15-12.25pm	Home health care for elderly in India: current status, opportunities, and challenges	Pasupulati Chandrashekar, Central University of Kerala
12.30-1.00 pm	Poster presentations <ol style="list-style-type: none">1. A Comparative Review of the Strategies of Japan and India on Healthy Ageing. Anagha Krishnakumar, Government Homeopathic Medical college, Thiruvananthapuram2. Policies, Issues and Challenges in Mainstreaming AYUSH Health Interventions in Geriatrics, Government Homeopathic Medical college, Thiruvananthapuram3. A Theoretical Review On Population Changes and Economic Growth, Aswathy Gosh, Gulati Institute of Finance and Taxation, Thiruvananthapuram4. Chronic Diseases among the Elderly in Kerala and Tamil Nadu: An outlook across the Socio-Economic ingredients, T. Maheshkumar, Centre for Development Studies, Trivandrum5. A literary Study on Evaluation of Financial Distress Factors on Healthy Aging , Dr. Vijayalakshmi NS, Nehru Memorial College, Sullia6. Proportion and Determinants of Myocardial Infarction In Elderly, Arshia S Pillai, Amrita Institute of Medical Sciences7. Determinants and health seeking pattern of NCDs among rural elderly population of Kerala, Sambhu Ramesh, Amrita Institute of Medical Sciences8. Environmental supports promote physical activity in presence of intrapersonal attributes (self -efficacy and motivation): A Structural Equation Analysis, Shalini Garg, AMCHSS9. Relationship between life habits and non-communicable diseases during old, Siseena.J, Kannur University10. Work pattern, health problems and health seeking behaviour of elderly women coir workers: a cross-sectional study, Dr.Bindhya Vijayan, Global Institute of Public Health	
1.00-2.00 PM	Lunch	



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2.00-3.00 pm	Concluding Panel Discussion Panelists (3-4 panelists- to draw down key priorities) and share further insights for the way forward	(Chaired by Prof Christina Victor) Ms. Sujaya Krishnan Mr. Biju Mathew Dr. K R Thankappan Dr. Michael Joseph
3.00- 4.00 pm	Valedictory Session & Group Photograph	



केरल केंद्रीय विश्वविद्यालय
CENTRAL UNIVERSITY OF KERALA

(संसद के अधिनियम, वर्ष 2009 द्वारा स्थापित / Established under the Act of Parliament in 2009)

No.CUK/ACA/SEM.MPH/447/17/2020 | 153

दिनांक/Date: 27/01/2020

आदेश / ORDER

1. Administrative approval is hereby accorded to Dr.Elezebeth Mathews, Head i/c, Department of Public Health and Community Medicine for organizing two day International Conference on "Future of Health Ageing: Policy and Practice for a Decade and Beyond" in collaboration with Brunel University, London at Department of Public Health and Community Medicine on 13th and 14th February, 2020.
2. Financial sanction is given for a total amount of Rs.1,50,000/-(Rupees One Lakh Fifty Thousand only) for the above purpose
3. Further, approval is also accorded to draw the said amount as advance in favour of Dr.Elezebeth Mathews subject to the final settlement as per GFR 2017.
4. This is issued with the approval of the Vice Chancellor and concurrence of Finance Wing, Budget Head: Conference/Seminar, Classification code: 351000, Diary No. A₁/21 for the year 2019-20.

सहायक कुलसचिव(शैक्षिक)/Asst. Registrar (Academic) 30/1/2020

No.CUK/ACA/SEM.MPH/447/17/2020 /F-6627

दिनांक/Date: __/01/2020

प्रतिलिपि / Copy to:

1. Dean, SMPH
2. Dr.Elezebeth Mathews, Head i/c, Department of Public Health and Community Medicine
3. Asst. Registrar (Finance) to release the advance amount
4. Office copy

सहायक कुलसचिव(शैक्षिक)/Asst. Registrar (Academic) 30/1/2020

तेजस्विनी हिल्स, पेरिया/ डाक, कासरगोड-671316, केरल / TEJASWINI HILLS, PERIYE (P.O.)













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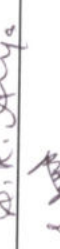

वेबसाइट/ Website:- cukerala.ac.in, ई-मेल / E mail:- registrar@cukerala.ac.in














International conference "The Future of Healthy Ageing: Policy and Practice for a Decade and Beyond" February 13-14th 2020

















Department of Public Health and Community Medicine, Central University of Kerala & Brunel University, London











Registration Sheet

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Signature ✓

Activity Report on the International Conference on the “Future of healthy ageing: Policy and Practice for a decade and beyond”

(13-14 February, 2020)

The two-day international conference entitled “*Future of healthy ageing: Policy and Practice for a decade and beyond*” was organised by the Department of Public Health and Community Medicine, Central University of Kerala in collaboration with Brunel University London on 13-14 February, 2020 at the Central University of Kerala, Periyar campus. **The Conference focuses on developing necessary skills among the participants with respect to health and non-health challenges affecting healthy aging primarily in context to developing and emerging economies.** The event was attended by 75+ participants from India and overseas where a number of participants made oral as well as poster presentations.

The Conference was inaugurated by Dr. B. Ekbal, Former Vice Chancellor, Kerala University and Member of State Planning Board- Kerala on 13th February 2020. He focused on the concept of active ageing and also addressed the dual burden of diseases among the elderly. The gathering was welcomed by Prof. (Dr). K R Thankappan, Professor, Department of Public Health and Community Medicine, Central University of Kerala. The Presidential Address was given by Prof. (Dr). K. Jayaprasad, who gave the presidential address emphasised the importance of mental health among the elderly. The presidential address was given by Dr. Rajendra Pilankatta, Dean, School of Medicine and Public Health and Dr. Prof. (Dr). Christina Victor, Vice Dean, Brunel University, London. She discussed on the various aspects of healthy ageing across the countries and the need for research in novel research aspects on healthy ageing. Shri. Prakash Babu Kodali, Assistant Professor, Department of Public Health and Community

Medicine gave the vote of thanks. The inaugural session was followed by an elaborate talk on impact of migration causing lack of support system and social isolation among elderly in Kerala by Prof. Irudaya Rajan S, Professor, Centre for Development Studies Thiruvananthapuram. Professors and Students from reputed Universities of India participated in the Conference. Oral presentations were made on Chronic diseases, mental health and economics of ageing. Dr Michael Joseph from Brunel University stated that this conference and findings are thought provoking for healthy ageing in India particularly in Kerala and a wake up call for us.