



E SREEDHARAN CENTRE FOR LIFE SKILLS EDUCATION CENTRAL UNIVERSITY OF KERALA



Date: 18th Oct 2024

Admission Notification 2024-25

PG DIPLOMA IN LIFE SKILLS EDUCATION (PGDLSE)

E-Sreedharan Centre for Life Skills Education (ESNCLSE) is launched by the Central University of Kerala under the School of Education to undertake research, teaching and training programmes in life skills education and to propagate life skills education in the country.

Based on the core Life Skills required for positive growth and good quality of life as enumerated by the World Health Organization (WHO), **E-Sreedharan Centre for Life Skills Education (ESNCLSE)**, designed the **PG Diploma in Life Skills Education (PGDLSE)** to make the aspirants learn through experience, activities and expert sessions in a hybrid mode classes. The course, in short, is a unique interactive and practical programme to understand, imbibe and impart Life Skills.

OBJECTIVES: -

1. To provide theoretical perspectives and constituent elements for a wide spectrum of professionals working in the area of Life Skills.
2. To understand the contextual landscape of the need for Life Skills in various settings.
3. To understand self and be able to assess one's own skills, abilities, and areas of development enabling them to make better adjustments, communicate effectively, build their values, and make responsible decisions.
4. To enhance one's competence in the application of Life Skills.

THEMES COVERED

1. Individual Skills
2. Social Skills
3. Employability Skills
4. Professional Skills
5. Training Skills
6. Coping Skills

**Saraswathi Building, Central University of Kerala, Tejaswini Hills,
Periyar (Post), Kasaragod, Kerala 671320**



E SREEDHARAN CENTRE FOR LIFE SKILLS EDUCATION CENTRAL UNIVERSITY OF KERALA

Programme Structure	
Eligibility	Bachelor's Degree or equivalent in any discipline from a recognized University.
Duration	12 Months (Two Semesters) (Weekends) Contact classes also will be scheduled.
Working Days	8 Days in a Month (Weekends) x 12 Months = 96 Days
Mode of Transaction	Blended mode
Medium	English
Fee Particulars	Course Fee: Rs.4500/- (Per Semester)
Examination Fee	Rs.1200/- per Semester

General instructions to the Candidate	
Admission Procedure:	Online
Date of commencement of Application	20/10/ 2024 (Tentative)
Last date of online submission of Application	30 /11 /2024 (Tentative)
Class commences from	December First/ Second Week
Application processing fee	Rs. 500/-
Account Particulars	Account No: 110024182731 Account name: Director, ESNCLSE Canara Bank, Central University of Kerala Branch,IFSC Code: CNRB0006794
Selection Process	Selection of the candidates will be based on merit following the reservation policy of Government of India. Maximum number of intake will be 100. The selected candidates will be informed through the registered email and also displayed on the Central University of Kerala website.
Admission Link	https://forms.gle/Z6tFWqDL784JhDvF6

Contact for further information

Prof. (Dr.) M N Mohamedunni Alias Musthafa
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9447596952
esnclse@cukerala.ac.in

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